

WIKWEDONG DAZHI-OJIBWE

The Keweenaw Bay Ojibwe

Binaakwe Giizis - Falling Leaves Moon - October 2017 Issue 159



KBIC FLOAT TAKES FIRST PLACE — PARADE OF NATIONS



Picture by Lauri Denomie.

The KBIC Cultural Committee sponsored the Community's float "Water Protectors—Locally and Globally" in Michigan Technological University's 28th annual Parade of Nations on Saturday, September 16, 2017. The Keweenaw Bay Indian Community/Ojibwe Nation was one of the 60 countries participating in the colorful parade featuring flags and traditional dress. This year's theme was "Think Globally, Celebrate Locally."



Picture by Lauri Denomie.



Picture by Lauri Denomie.



Picture by Lauri Denomie.

Participants and community by-standers were able to view many cultures through floats, flags, clothing, and food. Beginning on Quincy Street in Hancock, the parade of culture moved across the Portage Lake Lift Bridge down Sheldon Ave. in Houghton, ending at the Dee Stadium. A multicultural festival was held at the Dee Stadium where International foods and craft vendors were available to visit. Music and dancing exhibitions

KBIC CULTURAL COMMITTEE HONORS LANGUAGE AND CULTURAL STUDENTS

Our KBIC Cultural Committee keeps busy with projects for our Community; whether it's making regalia, quilts, planning powwows, or other events to keep our culture well and alive in our Community.

Recently, the KBIC Cultural Committee made 20 shawls for the Baraga and L'Anse Language and Culture Class taught by Mr. Darrell Kingbird, KBIC Ojibwa Language Teacher.

The fabric was donated by Beverly Lussier, Diane Charron, and Gerry Mantila, and the fringe was donated by the Cultural Committee. Shawls were made by Committee Members: Beverly Lussier, Diane Charron, Gerry Mantila, and Toni Minton with assistance from Peggy Dunn and Vicki Dakota.

~ by Lauri Denomie, Editor



Picture by Lauri Denomie.

Left to right — Peggy Dunn, Geraldine Mantila, Beverly Lussier, (back) Darrell Kingbird.

Tribal Council Members:

Warren C. Swartz, Jr., President
Jennifer Misegan, Vice-President
Susan J. LaFernier, Secretary
Toni J. Minton, Asst. Secretary
Doreen G. Blaker, Treasurer
Robert R.D. Curtis, Jr.
Frederick Dakota
Randall R. Haataja
Michael F. LaFernier, Sr.
Gary F. Loonsfoot, Jr.
Rodney Loonsfoot
Elizabeth D. Mayo



SPECIAL POINTS OF INTEREST

- KBIC Takes First Place—Parade of Nations
- Cultural Committee donates 20 shawls
- Busy Summer for KBIC Youth Programs
- Loonsfoot Chosen for Ann Misegan Scholarship
- Years Later, Chosa Manuscripts To Be Published
- KBIC Court Report
- Deepest Sympathy

from many countries were also enjoyed by guests.

Miss Keweenaw Bay, Jaycie Forcia; Miss Jr. Keweenaw Bay, Starr Dunleavy; KBIC Dancers; Red Ridge Singers; and the KBIC Cultural Committee members participated in the parade and exhibition. Rodney Loonsfoot served as emcee for the dance exhibition. Everyone did an awesome job and the KBIC float took first place!

~ by Lauri Denomie, Editor

AMAZING AND BUSY SUMMER WITH THE KBIC YOUTH PROGRAMS

The end of the 2017 Summer Programming ended on September 3, 2017, with the culmination of the KBIC YOUTH Club trip to Bloomington, Minnesota. They went to the Mall of America, had a day at Valley Fair, and had a great time! Thank you for all of your hard work and volunteering efforts during the year!

KBIC YOUTH and Free Spirit Fitness had some very successful programs this year. We ran a eight week day-camp out of our Niiwin Akeaa Community Center and had 30-50 kids on-site each day. Each week we went on mini-field trips and had educational and cultural enrichment opportunities that the children could experience with games, fun, and fitness thrown in! Our day camp ran from June-August and ended with a three-day culture camp out at Camp Nesbit.

The youth wild rice camp in Alberta, Michigan, at the Ford Center featured teachings by Dr. Scott Herron, who holds a Ph.D. in Plant Biology with specialization in ethnobotany, taxonomy, ecology, morphology, and cultural anthropology from Southern Illinois University–Carbondale. He teaches courses in botany, plant propagation, microbial ecology, integrated ecology, and non-majors biology. His specific areas of interest include the traditional uses of plants by the Great Lakes American Indian communities and wild rice research. Dr. Herron is an available resource to those American Indians and Latinos looking for a mentor or advisor in academic and cultural paths. He did an excellent job instructing our youth in the traditional uses of plants. He also came to the culture camp and did sessions with our younger youth! Roger Labine also did an excellent demonstration of knocker sticks and wild rice demos during the camp. We also featured an indigenous food demonstration by Owen Maroney, a community dietician from GLIFWC, which featured a delicious berry and wild rice dish!

The 2017 Summer Work Program flourished as well this year! The purpose of the Summer Youth Employment Program (SYP) is to provide Tribal youth and first generation descendants, between the ages of 14 through 19, with summer employment and educational experiences that build on their individual strengths and incorporate youth development principles. These principles include engaging the talents and interests of youth, developing their skills and competencies through job readiness, career awareness, and providing positive adult role models. The KBIC SYP offers our youth a traditional and cultural work experience as well as teaching valuable employment skills. It provides tribal youth and first generation descendants with a summer income. KBIC SYP educational job readiness and career awareness activities will enhance our youths' summer experience allowing each individual to develop career awareness and learn work-related social skills. We employed 55 youth, who were assigned to various departments in the tribe. They completed many projects, visited Michigan Technological University and Northern Michigan University, participated in an Indigenous Games presentation by Dan Ninham, went to the healing circle featuring Jaiya John, and worked very hard in their respected KBIC Departments. Thank you for all of your hard work this summer, youth and supervisors!

Our "Movies in the Park" event was a huge success with 200-300 community members attending each time! The KBIC Youth Department offers community and family engagement opportunities to provide safe and fun programs for families through our Indian Health Services Methamphetamine and Suicide Prevention grant. Thank you to all of the families who attended.

We also took 12 youth to Isle Royale on a wilderness backpacking adventure! It was a five-day trip of hiking, camping, canoeing, adventuring, and learning about wilderness survival skills while also gaining knowledge about our traditional hunting grounds. It was an absolutely amazing time! Thank you to Mike Rodriguez, Rodney Loonsfoot, Jamie Jones, and the Isle Royale Institute on all of your hard work during this trip! It is absolutely necessary to work together as a team during an adventure such as this. It was an excellent opportunity for the youth, and they learned so much about "Minoong."

We also collaborated with the BALAC grant to provide amazing fitness opportunities. Check out the calendar on the KBIC Medical page as well as the free spirit fitness page for upcoming fitness opportunities for the fall!

I would also like to say Chi-miigwech to the KBIC YOUTH staff and volunteers who were involved in all of the summer programs. Our success with our youth is determined by the staff and volunteers who lead the activities. I just want to men- (2) Niizh



Above/below — The Ropes Course was a Cultural Camp activity.



(Above) Having lunch in the Dining Hall at Camp Nesbit. Below—Last day of camp picture.



Payton LeClaire (left) having fun on a nature hike at youth wild rice camp held at the Ford Center in Alberta, Michigan. (Right) Youth at Ford Center, spending some relaxing time with counselor Annaleese Rasanen.

tion in the newsletter that the KBIC YOUTH staff has done an excellent job this summer. All of them were very hard-working and amazing with all of the youth in the day camp, and all of the other activities we presented. Thank you to Sheila Ekdahl, Jamie Jones, Annaleese Rasanen, Joel

Continued on page three.

Mayo, Ginger Shelifoe, Derek Tammelin, Marie Kovach, Katrina Ravindrin, along with our amazing youth workers, Leah Owens, Kayla Szaroletta, Keera Friisvall, Logan Shelifoe, Matt Beck, Keegan Kahkonen, and Angel Loonsfoot! (If I missed anyone, I apologize!) A huge thank you to Tashina Emery for her involvement in the new and improved youth club! Please check out KBIC YOUTH page and our KBIC YOUTH CLUB page for any upcoming events! Chi-miigwech for all of the KBIC YOUTH and staff for all of your hard work and effort this summer! I appreciate each one of you for your encouragement, fierce spirit, and amazing dedication to the youth of our community. Without you, we would not be able to provide such amazing programs. I would also like to thank everyone who took part in the KBIC YOUTH summer work program, wild rice camp, culture camp, and any other programming that was provided for the kids. We appreciate your hard work, volunteer time, and dedication to our KBIC YOUTH. We will be updating and posting upcoming events and flyers on our website, so please check it out!

Sincerely,
Wabanungoquay Alakayak
Niiwin Akeaa Programs Director

Pictures compliments of KBIC Youth Program staff.
(edited by Lauri Denomie, editor)



Eight-week Day Camp: (Above, left) — Outdoor fun. (Above, right) — Beach day. (Below, left) — Children's Museum Field Trip. (Below, right) — Tour at Keweenaw Bay Natural Resources day.



KBIC Youth Fundraiser



Presented by

REN'S VIEW
photography

*Fall
Mini*

Sessions

- *Sunday, Oct 8th
- *\$75.00
- *20 minute session
- *Up to five people
- *5 digital images
- *Online gallery
- *(1) 8x10 print

Contact Ren @
(773)396-2307 or email:
renspictures@gmail.com



2017 KBIC YOUTH

HALLOWEEN PARTY

26 OCT
5PM - 7PM

COSTUME CONTEST

FOOD, FUN & GAMES!

HARVEY COMMUNITY CENTER

FOR MORE INFORMATION
KBIC YOUTH PROGRAMS
906-353-4643

2017 KBIC YOUTH HALLOWEEN PARTY

OCTOBER 27TH

DON'T MISS THIS SPOOKTACULAR EVENT FULL OF FUN, FOOD, GAMES, COSTUME CONTEST & HAY RIDES FOR THE ENTIRE FAMILY

5P - 7P
NIIWIN AKEAA COMMUNITY CENTER GYM

FOR MORE INFORMATION: KBIC YOUTH OFFICES (906)353-4643

KBIC YOUTH
PRESENTS

Minawanigpizidaa naano-giizhigak

*A Cultural and enrichment program
for youth in grades K-6th @ the
Niiwin Area Center*

Every Friday and 1/2 days this fall!

ASP-3:30-5:00PM
"No School Activity"
1/2 days

Registration begins September 18, 2017
Please fill out applications at the youth office

KBIC YOUTH-16429 Beartown Rd, Baraga MI
CONTACT US @ 906-353-4643

www.facebook.com/kbic-youth

2017 Ann Misegan Memorial Scholarship Recipient Chosen



Picture by Lauri Denomie.

Lindsey Loonsfoot has been selected as the recipient of the tribe's 2017 Ann Misegan Memorial Scholarship. The Tribal Education Committee, along with a member of the Health Board, selected Loonsfoot to receive the scholarship.

Lindsey is a graduate of L'Anse High School. She received a degree in Early Childhood Education from Keweenaw Bay Ojibwa Community College in 2015. She has been accepted in the Pre-Nursing program at Gogebic Community College for the Fall 2017 semester.

Ann Misegan was a long time Tribal Council member whose priority was the health of the Tribal membership. She was adamant that Tribal members be trained for as many positions as possible within the Tribe, and she also encouraged members to seek further education, especially in health fields. She was a member of the Tribe's Health Board and was the Dental Assistant at the tribal clinic for many years. She held an LPN certificate from Northern Michigan University and worked as a nurse for Baraga County Memorial Hospital before coming to work for the Tribe. This scholarship seeks to reward members who have the same passion for health care that Ann did.

This scholarship amount is \$1,000 twice per year for up to six years and will be awarded to a new student each fall. Applicants must meet the following criteria: be an enrolled Tribal member, attend an accredited college/university as a full-time student, pursue a degree in a Health Care field documented by their college (preference will be given to students either in a nursing or dental program), and be a resident of Baraga or Marquette County. Applications for the 2018-19 academic year will be available in May 2018. For more information about this scholarship, please contact Amy St. Arnold, KBIC Education Director at 906-353-6623, ext. 4117.

EDUCATION INCENTIVE PROGRAM

The Keweenaw Bay Education Committee offers the Education Incentive Program to local KBIC tribal students. Monetary incentives are awarded at the end of each of the four marking periods of the academic year. Awards are given for Honor Roll and Perfect Attendance. Students must meet the following criteria:

1. Must be enrolled KBIC members.
2. Must reside in one of the following four counties: Baraga, Houghton, Ontonagon, or Marquette.
3. Must attend a public or private school.

A student's Honor Roll status is defined according to the regulations of their school district. Students in grades 4 through 12 are eligible to receive this award.

Perfect Attendance follows the school policy also but time for doctor or dental appointments and funerals may be allowed. Please contact the following people for more information:

- L'Anse Area Schools – Shellie Denomie 524-6000 ext. 369, sdenomie@laschools.us
- Baraga Area Schools – Helen Jondreau 353-6661 hjondreau@up.net
- All others contact Amy St. Arnold 353-4117 amy@kbic-nsn.gov

Houghton, Ontonagon, and Marquette students must provide a copy of the student report card. If attendance is not noted on the card, please have a school official document by signature. Report cards may be mailed to Keweenaw Bay Tribal Center, Education Office, 16429 Beartown Rd. Baraga MI 49908.

1st Tribal Lending Builds Strong Future for Native People With American Indian College

Denver, Colorado (September 8, 2017) – Home ownership, like education, is considered to be both an investment and part of the American dream. But these paths to a strong future have not always been accessible to American Indian people.

Home ownership has been problematic because not all lenders can provide loans for people living on reservations or federal trust lands.



As for higher education, federal government statistics show that only 13.8% of American Indians and Alaska Natives, age 25 and older, have a bachelor's degree or higher, compared to nearly 30% of all other groups. Affordability is a major reason for this disparity.

But now, thanks to 1st Tribal Lending, an administrator of a federal program called The Section 184 Indian Home Loan Guarantee Program, American Indian and Alaska Native families, Alaska Villages, Tribes, or Tribally Designated Housing Entities can access financing for properties both on and off Native lands. The program was enacted by the Office of Loan Guarantee within the U.S. Department of Housing and Urban Development's (HUD) Office of Native Ameri-

LONG AGO AND TUCKED AWAY MANUSCRIPTS OF LEO CHOSA TO BE PUBLISHED

One day at work I was sitting at my desk in my office at the Bois Forte Tribal Government building doing my job duties as the Bois Forte Language and Cultural Coordinator. My desk phone rang, so I picked up the receiver and answered. It was the Curator at the Tribal Heritage Center and Museum. She told me that she had a trunk that contained my grandfather, Leo Chosa's, personal papers. The trunk had been delivered to the heritage center by the daughter of Bill Trygg, who ran a realty office in Ely, Minnesota, and had been a good friend of my father, Donald Chosa, Sr. and my grandfather when they were alive. I had vague memories of visiting Bill Trygg as a young boy with my father. My memory of Bill Trygg was of a kindly man who during our visits had, on several occasions, offered me pieces of highly prized maple sugar candy.

The next day the trunk was delivered to my office. I opened the lid and looked inside and found it full of documents of land allotments, receipts, personal memorabilia, old picture calendars from the 1940's, many newspaper clippings of articles he had written, letters received from his children while attending boarding schools, postcards, and some large legal sized envelopes that contained manila folders overfilled with yellowed typewritten papers.

The large envelopes were postmarked from various publishers. I closed the lid because there was too much to look at in the time I had. I would have to take a few days to go through the trunk. It wasn't until almost a year later when I began to sort through the trunk. The papers in the trunk were yellowed with age and crumbling a bit on the edges. There were articles written by my grandfather during the time between the 1920's to the early 1950's concerning conservation of the natural resources in what would later become the Boundary Waters Canoe Area.

I opened the large old fashioned faded brown envelopes. I carefully removed the manila folders and slid the thick pile of papers out of the folders. There were three fully typewritten manuscripts with title pages. To my amazement I found that the manuscripts were well written, and upon reading the first paragraph, my interest was captured as in a bookstore novel would capture it. I am not a critic, but during my life, I have always been an avid reader and have read many classic novels. I have also been an adjunct university instructor at various colleges and universities for over 20 years teaching various courses on Native American studies with ample experience in correcting thousands of term papers and essays.

What I knew of my grandfather was that he had always been an Indian guide, fisherman, avid outdoorsman, and resort owner in the Boundary Waters Canoe Area. Leo Chosa was a Native American from the Ojibwe tribe with some French ancestry who originally came from the Keweenaw Bay Indian Community in the Upper Peninsula of Michigan. His father, Joseph Chosa, Sr. and my great grandfather, was a French Canadian Ojibwe Indian who owned the first trading post and general store in the Keweenaw Bay area. My great grandfather, Joseph Chosa, Sr. had nine sons. Three brothers came to Minnesota, including my grandfather. They married three sisters who were members of an Ojibwe tribe in Minnesota. My grandfather eventually came to own the land which was a part of what would eventually become known as the BWCA or Boundary Waters Canoe Area, surrounding the Prairie Portage north of Winton, Minnesota. My grandfather charged a fee for boats to be transported across each of the portages. He used flatbed trucks designed from Model T's to transport the boats. After a time, my grandfather built a series of log cabins that he rented to tourists and hunters and opened a general store in another log cabin he built that serviced the other resorts in the Boundary Waters Canoe Area. The store cabin is now considered a historical site and is maintained by the U.S. Forest Service.

My grandfather and grandmother had eight children. My father was the youngest of them. In later years, my grandmother, Annie Dufault Chosa, moved to the Vermilion Sector of the Bois Forte Reservation, so she could work at the boarding school for Native American children on the Vermilion Indian reservation. My father attended the school as a day school until he went to high school in the town of Tower. My father spent summers with Grampa Leo on Basswood Lake working at the resort and winters with my Gramma Annie on the Bois Forte Reservation to attend school. My father Donald Chosa, Sr. joined the Army at the age of 17 and served during World War II.

I was born in Wiltshire, England, while my father was stationed there with my mother. We traveled by ship back to the U.S. when I was about three-years-old. We eventually moved back to the Bois Forte Reservation at the age of five-years-old when my father was stationed at the Duluth Air Force base.

Before I had the chance of meeting my Grandfather, Leo Chosa, he passed away. Leo Chosa was an activist and wrote many articles to the local papers about protecting the natural state of the forest in the Boundary Waters area of Northern Minnesota and the wastefulness and carelessness of the loggers. My Grandfather, Leo Chosa, set precedence and an example with his ideas which were before his time for environmentalists to come.

Leo Chosa's name in Ojibwe was "Gaagaa-nonaquet" translated in English as "He who has long hair". When he was young,

Leo Chosa did wear his hair long and was quite proud of it as well as his Native American ancestry.

I decided that I would like to fulfill my grandfather's wishes and have his manuscripts published. The manuscripts were written in the mindset of that time. The manuscripts reference ideas aren't spoken of about or written concerning far northern Minnesota. My grandfather, Leo Chosa, has been written about in other books during the early

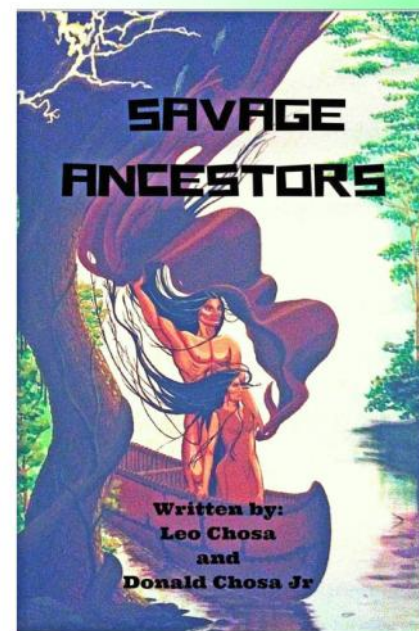
1900's, such as a book titled "Wilderness Days," written by Sigurd Olson. I began the monumental task of editing and typing the manuscripts with my computer into an editable electronic document. It is hard to imagine how much time it must have taken my grandfather to type the manuscripts with the typewriters available for use in the 1940's, and I admire the work and perseverance he must have had.

My wife and I live on the Bois Forte Ojibwe reservation where we are enrolled members of the tribe. My wife is a descendant of John Beargrease, and we share many stories and deep historical roots of the Upper Great Lakes area.

I hope that you find this book, and the others, when available, as interesting as I have and I hope you learn, as I have, how things were viewed through the eyes of a Native American.

~ Submitted by Donald Chosa, Jr.

(edited by Lauri Denomie, editor)



"Chosa emerges a new lyric voice in Native American writing. Authentic and engaging, this is worth your time."
Anton Treuer

"Leo Chosa's work invites the reader to open a doorway to Ojibwe life in the north woods. Beautifully told, the story evokes the experience of hearing historical narratives shared by Elders of long ago."
Linda LeGarde Grover

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Playster—Kobo—Apple iBooks—Inktera
Order Yours Today!

KEWEENAW BAY INDIAN COMMUNITY GAMING COMMISSIONER

One (1) Vacancy

The Keweenaw Bay Indian Community is seeking an individual to fill the position of **GAMING COMMISSIONER**. Candidates must possess the following:

- A commissioner shall be an enrolled member of the Community and shall be at least twenty-five (25) years old.
- Must obtain NIGA Commissioner Certification within one (1) year.
- A Commissioner must pass a background check, drug screening, and pre-employment physical.
- No person shall serve as Commissioner if the person has been convicted of or entered a plea of guilty or no contest to a felony of any kind or a misdemeanor related to illegal gaming, bribery, drug abuse, or dishonest act.
- A Commissioner must have a high school diploma or GED.
- A Commissioner shall not have a Conflict of Interest unless such Conflict of Interest has been fully disclosed to the entire Commission and to the Tribal Council and both entities have approved or waived the Conflict of Interest, separately from each other and in duly adopted resolutions.
- A Commissioner must not hold any elected position within the Community while at the same time serving as Commissioner.
- A Commissioner must not hold the position of CEO or CFO while at the same time serving as Commissioner.
- A Commissioner shall not be an employee of the Commission.
- A Commissioner shall not be employed in any capacity by a Gaming Establishment.
- A Commissioner must have demonstrated extensive knowledge of federal Indian law, the Indian Gaming Regulatory Act and related statutes and regulations by possessing three (3) years experience in casino management, prior Gaming Commissioner, or related education in business, finance or law.

This position is located at the Keweenaw Bay Tribal Center, is to serve as a Member of the Gaming Commission. For more information, please visit our web site at <http://www.kbic-nsn.gov>

Please submit a letter of interest and current resume' to:
Keweenaw Bay Indian Community
President Office
16429 Beartown Road
Baraga, Michigan 49908
(906) 353-6623, ext. 4112
ploonsfoot@kbic-nsn.gov

No later than Wednesday, October 11, 2017 at 4:00 pm

Wiikwedong Ogichidaa KBIC Veterans) Meeting

The Wiikwedong Ogichidaa Meeting will be held on **Wednesday, October 18, 2017, 1900 hours**, at the Wiikwedong Ogichidaa Building, KBIC Industrial Park (off M-38), Baraga, MI.

Future meeting dates: November 15, and December 20, 2017.

Loving  Support
makes breastfeeding work

KBIC Breastfeeding Support Circle

- A public community-based monthly gathering for those that have breastfed, thinking about breastfeeding, or are currently breastfeeding
- Mother-to-Mother Support
- Social outlet for new and experienced mothers
- Evidenced-based information
- Transportation available
- Make & Take Craft
- Snacks



Live, Love, Latch!

First Wednesday
of every Month!!

October 4th
December 6th
4:30-6:30PM
Niiwin Akeaa
Center Atrium,
111 Beartown Rd.

November 1st
January 3rd
1-3PM
KBIC Health System,
2nd floor Conference
Room

Register with Dawn for reminder calls! 353-4521



Sponsored by WIC, Family Spirit, and Healthy Start Programs
WIC is an equal opportunity provider



Newly Employed Keweenaw Bay Tribal Police Officers Take Oath To Protect and Serve



Picture by Lauri Denomie.

Above—The Honorable Bradley T. Dakota congratulates Officer Alden Connor III. Conner took his oath to serve the Keweenaw Bay Indian Community as an law enforcement officer on August 17, 2017.

Below—Honorable Violet M. Friisvall Ayres presented the oath of office to Officer Durwyn “DJ” Chaudier, Jr. on August 30, 2017. The two new officers will be attending the police academy in Artesia, New Mexico in early 2018.

~ Submitted by Lauri Denomie, Editor.



Parent Circle

Pumpkin Decorating

Sponsored by KBIC Family Spirit and Healthy Start Programs

Second
Monday!

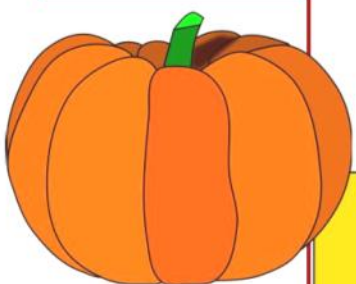
October 9th, 2017

5:00-6:30PM

Niiwin Akeaa
Center,
Baraga,
Commons

- A free, public, and consistent event promoting family engagement—children must be supervised
- Focus group is ages 0-5 and their siblings
- Sensory play
- Snacks will be provided
- Book and trick-or-treat gift bag for each family
- Wear clothes that can get dirty

This months make-and-take activities include pumpkin and treat bag decorating!



Supplies are limited.
Please register with Dawn! 353-4521

KBIC SENIORS

Eliason Law Office is taking appointments for phone conferences for: Tribal Elder Wills and General Durable Powers of Attorney/Health Care Powers of Attorney. Please call Geneva Brennan at the Tribal Attorney's office (906) 353-4107 to schedule a phone conference and pick up intake worksheets. There is no charge for this service.





October is Breast Cancer Awareness Month

Recommendations for the Early Detection

Finding breast cancer early and getting cancer treatment are very important to prevent deaths. Breast cancer that's found early, when it's small and has not spread, is easier to treat successfully. Getting regular screening tests is the most reliable way to find breast cancer early.

The goal of screening tests for breast cancer is to find it before it causes symptoms (like a lump that can be felt). Screening refers to tests and exams used to find a disease in people who don't have any symptoms. Early detection means finding and diagnosing a disease earlier than if you'd waited for symptoms to start.

Breast cancers found during screening exams are more likely to be smaller and still confined to the breast. The size of a breast cancer and how far it has spread are some of the most important factors in predicting the prognosis (outlook) of a woman with this disease.

Women at Average Breast Cancer Risk

A woman at average risk doesn't have a personal history of breast cancer, a strong family history of breast cancer, or a genetic mutation known to increase risk of breast cancer (such as BRCA), and has not had chest radiation therapy before the age of 30.

Mammogram Guidelines for Women of Average Risk

- Women between 40 and 44 have the option to start screening with a mammogram every year.
- Women 45 to 54 should get mammograms every year.
- Women 55 and older can switch to every other year.
- Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.

Mammograms

Regular mammograms can help find breast cancer at an early stage, when treatment is most successful. A mammogram can find breast changes that could be cancer years before physical symptoms develop.

Mammograms are not perfect. They miss some cancers. Sometimes a woman will need more tests to find out if something found on a mammogram is cancer. There's also a small possibility of being diagnosed with a cancer that never would have caused any problems had it not been found during screening. It's important that women getting mammograms know what to expect and understand the benefits and limitations of the screening.

Clinical breast exam and breast self-exam

All women should be familiar with how their breasts normally look and feel and should report any changes to a health care provider right away.

Women who are at high risk for breast cancer based on certain factors should get an MRI and a mammogram every year. This includes women who:

- Have a lifetime risk of breast cancer of about 20% to 25% or greater, according to risk assessment tools that are based mainly on family history.
- Have a known BRCA1 or BRCA2 gene mutation; or a first-degree relative (parent, sibling, or child) with it that have not had genetic testing themselves.
- Had radiation therapy to the chest when they were between the ages of 10 and 30 years.
- Have Li-Fraumeni syndrome, Cowden syndrome, or Bannayan-Riley-Ruvalcaba syndrome, or have first-degree relatives with one of these syndromes.

Most women at high risk should begin screening with MRI and mammograms when they are 30 and continue for as long as they are in good health. A woman at high risk should make the decision to start with her health care providers, taking into account personal circumstances and preferences.

Submitted by: Mary Dee Shanahan, LPN
Community Health Representative
Source: American Cancer Society

The Medicine Wheel Project

Deep in the forest, in the ways of animals and plants, fish and wildlife, there lies a hidden balance that the Anishinaabe people have understood and protected in traditional teachings. It is what some Native American tribal teachings call "The Beauty Way."

That indigenous wisdom is about balance, spiritual life, and specific ways of healthy living. In late October, KBIC's Health Systems will be initiating a nine-month wellness initiative, based on such gifts found in Mother Earth. It is called the Medicine Wheel Project, and it will be carried out in partnership with the Cedar Tree Institute, a nonprofit organization here in Northern Michigan.

Thanks to the support of the BlueCross BlueShield Michigan Foundation, Jon Magnuson and Mike Grossman will join us and the KBIC Health Systems staff over the coming months to introduce, integrate, and monitor a series of mind/body interventions for diabetes management with Tribal members diagnosed with Type II diabetes.

The major focus will be to work with 24 volunteers, but workshops will be open to all Tribal members who wish to learn and apply nonpharmacological interventions to improve their health. Volunteers will learn how to use breathing, visualization, traditional rituals, cognitive reframing, diet, and movement to recover balance and improve their health.

Tribal elders and traditional spiritual teachers will serve as resources for the Project. The first workshop and shared community meal (with traditional Anishinaabe foods) is scheduled for Friday, October 27, 2017, 10 A.M. – 1 P.M.

Stipends will be available for 24 participants. For more information contact Kathy Mayo, Assistant Health Administrator, at kmayo@kbic-nsn.gov or 906-353-4519.

Upcoming Events:

- Survivors of Suicide Loss Support Group, Oct. 3rd 5:30 p.m.
- Canning Class, October 4th, 11th, & 18th 5 p.m.
- Diabetic Foot Clinic, Oct. 4th, 11th, & 25th, by appointment
- Parent Circle, October 9th 5:30 p.m., please register
- Car Seat Clinic, October 12th by appointment
- Diabetic Talking Circle, October 18th 11 a.m.-1 p.m.
- Dining with Diabetes, starting Oct. 30th, 10 a.m. - 12 noon
- Blood Drive, October 31st 10 a.m. - 2 p.m.
- Walk-in Flu Shot Clinic, Tuesdays in Oct. 8:30 a.m. - 4:30 p.m.
- Matter of Balance, Tuesdays in Oct.
- Smoke Out Class, call for details
- Breastfeeding Support Group, November 1st 1 - 3 p.m.

Save More Than Daylight When You Spring Forward November 5th: Keep Your Family Safe From Fire

Love it or hate it, daylight saving time is coming up again. When you spring forward, think about an important way to move fire safety forward when you move your clock.

Smoking materials are the number one cause of fire deaths, so there just isn't a more important prevention. Whether you smoke or have guests who smoke, take these simple steps to reduce the risk of a smoking-related fire. It's better to smoke outside because materials inside the home can catch fire from burning cigarettes. Keep a sturdy ashtray or bucket of sand handy for smokers. Smoke only when you are alert. If you take medicine or get sleepy, don't smoke. Never smoke near anyone who uses medical oxygen. If a fire starts, the oxygen will cause it to burn hotter and faster. There is no safe way to smoke when oxygen is in use.

Be sure to test your smoke detectors.

Source: U.S. Fire Administration

Page submitted by Heather Wood-Paquet, Health Promotions Coordinator

TRIBAL COURT CRIMINAL SENTENCES



The Tribal Court has agreed to comply with the request of the Keweenaw Bay Indian Community's CEO's office to publish criminal sentencing on a routine basis.

Ryan McGeshick, case #17-083, §3.202, Assault and battery (domestic) – 1st offense

Sentencing on 08/16/2017, #17-083, §3.202:

1. Fine \$500.00.
2. One-hundred-eighty (180) days jail, credit for nine days jail served, 21 days jail is to be served on weekends beginning 08/25/2017, 150 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. Defendant is to obtain a DAIP (Domestic Abuse Intervention Program) assessment or an equivalent program within 30 days and is to follow the recommendations until successfully completed. Defendant is to sign a release of information for the Court to monitor compliance.
4. Defendant must attend weekly the Men's Educational Group and provide verification until successfully discharged from counseling and probation.
5. Six to twelve months of alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant is financially responsible for the costs of drug and PBT tests, if any.

Brighton Hovey, case #17-160, §3.609, Disobedience of a police signal; fleeing and eluding – 1st offense

Sentencing on 08/21/2017, 17-160, §3.609:

1. Fine \$100.00.
2. Thirty (30) days jail, credit for one day jail served, 29 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. Three to six months of alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant is financially responsible for the costs of drug and PBT tests, if any. Defendant is required to report in person to the Probation Office a minimum of one time a month, and as directed by the Probation Office.
4. Sixteen hours of community service for the Keweenaw Bay Tribal Police Department. Defendant shall contact Chief Duane Misegan on 08/28/2017, to set up a community service schedule.
5. Defendant shall take an in-person Michigan Driver's class.

Brighton Hovey, case #17-161, §5.61, Driver's license required, motorcycle – 1st offense

Sentencing on 08/21/2017, 17-161, §5.61:

1. Fine \$100.00.
2. Ten (10) days jail, 10 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. Three to six months of alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant is financially responsible for the costs of drug and PBT tests, if any. Defendant is required to report in person to the Probation Office, a minimum of one time a month as directed by the Probation Office. (concurrent with #17-160).
4. Defendant shall attempt to obtain his driver's license.

Teri Bess Loonsfoot, case #17-148, §6.62a, License Restrictions – 1st offense

Sentencing on 08/21/2017, 17-148, §5.62a:

1. Fine \$100.00.
2. Ten (10) days jail, 10 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. One to three months of alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant shall be financially responsible for the costs of drug and PBT tests, if any.

Teri Bess Loonsfoot, case #17-149, §16.515, Improper use of registration of plates – 1st offense

Sentencing on 08/21/2017, 17-149, §16.515:

1. Fine \$125.00.
2. Twenty-five (25) days jail, 25 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. One to three months of alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant shall be financially responsible for the costs of drug and PBT tests, if any.

Allyson Denomie, case #17-163, §5.61, Driver's license required – 1st offense

Sentencing on 08/23/2017, for 17-163, §5.61:

1. Fine \$100.00.
2. Ten (10) days jail, 10 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. Two to four months of standard alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant shall be financially responsible for the

- costs of drug and PBT tests, if any.
4. Defendant shall attempt to obtain her driver's license and shall provide proof of the attempts to the Probation Office.
5. Defendant's Tribal General Welfare Benefit Distribution Check shall be garnished in full each year until all Court obligations are paid in full.

Allyson Denomie, case #17-164, §16.513, Operation of improperly registered vehicle – 1st offense

Sentencing on 08/23/2017, for 17-164, §16.513:

1. Fine \$125.00.
2. Twenty-five (25) days jail, 25 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. Two to four months of standard alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant shall be financially responsible for the costs of drug and PBT tests, if any.
4. Defendant shall attempt to obtain her driver's license and shall provide proof of the attempts to the Probation Office.
5. Defendant's Tribal General Welfare Benefit Distribution Check shall be garnished in full each year until all Court obligations are paid in full.

Melanie Durant, case #17-004, §3.1307, Reporting a fictitious crime to a police officer – 1st offense

Sentencing on 08/28/2017, for 17-004, §3.1307:

1. Fine \$200.00.
2. Forty-five (45) days jail, credit for one day jail served, 44 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. Six to twelve months of standard alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant shall be financially responsible for the costs of drug and PBT tests, if any. Defendant is to report to the Probation Office as instructed.
4. Defendant shall write a letter of apology to the Police Officers and to the Pine's Convenience Center. Letters are to be processed through the Probation Office.
5. Defendant shall obtain a substance abuse screening within 30 days, and follow all the recommendations until successfully completed, and sign a release of information for the Court to monitor compliance. Defendant shall be financially responsible for the costs of the screening.

Melanie Durant, case #17-005, §3.1706, Controlled substances – 1st offense

Sentencing on 08/28/2017, for 17-005, §3.1706:

1. Fine \$150.00.
2. Thirty (30) days jail, 30 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. Six to twelve months of standard alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant shall be financially responsible for the costs of drug and PBT tests, if any. Defendant is to report to the Probation Office as instructed. (concurrent with #17-004).
4. Defendant shall obtain a substance abuse screening within 30 days, and follow all the recommendations until successfully completed, and sign a release of information for the Court to monitor compliance. Defendant shall be financially responsible for the costs of the screening. (concurrent with #17-004).

Melanie Durant, case #17-110, §3.1301, Conspiracy – 1st offense

Sentencing on 08/28/2017, for 17-110, §3.1301:

1. Fine \$250.00.
2. Ninety (90) days jail, 90 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. Six to twelve months of standard alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant shall be financially responsible for the costs of drug and PBT tests, if any. Defendant is to report to the Probation Office as instructed. (concurrent #17-004, #17-005).
4. Defendant shall obtain a substance abuse screening within 30 days, and follow all the recommendations until successfully completed, and sign a release of information for the Court to monitor compliance. Defendant shall be financially responsible for the costs of the screening. (concurrent #17-004, #17-005).

Jacob Maki, case #15-076, §3.1308, Disobedience of a lawful court order – 1st offense

Sentencing on 08/28/2017, #15-076, §3.1308:

1. Fine \$200.00.
2. Forty-five (45) days jail, credit for two days served, 43 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. One to three months of alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant is financially responsible for the costs of drug and PBT tests, if any. Defendant is required to report as directed by the Probation Office and the Sentry System.

Cody Blue, case #17-114, §5.61, Driver's license required (suspended) – 1st offense

Sentencing on 08/28/2017, #17-114, §5.61:

1. Fine \$200.00.
2. Ten (10) days jail, 10 days jail suspended pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
3. One to three months of alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant is financially responsible for the costs of drug and PBT tests, if any. Defendant is required to report as directed by the Probation Office and the Sentry System.

Vanessa Beaver, case #17-147, §8.901, Contempt of court – 1st offense

Sentencing on 09/06/2017, 17-147, §8.901:

1. One-hundred-eighty (180) days jail, 180 days jail suspended pending successful completion of probation.

Beverly Cardinal, case #17-193, §3.402, Malicious destruction of personal property – 1st offense

Sentencing on 09/06/2017, 17-193, §3.402:

1. Ninety (90) days jail, 30 days jail to serve, 60 days jail suspended pending successful completion of the Healing To Wellness Court. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated.
2. Restitution is to be paid in the amount of \$497.42 and will be processed through the Tribal Court.
3. Case is transferred to the Defendant's current Healing To Wellness Court case.

Travis Knipp, case #17-092, §3.202, Assault and battery (domestic) – 1st offense

Sentencing on 09/13/2017, 17-092, §3.202:

1. Fine \$250.00.
2. One-hundred-eighty (180) days jail, 10 days jail to be served, 170 days jail suspended pending successful discharge from probation. Defendant shall

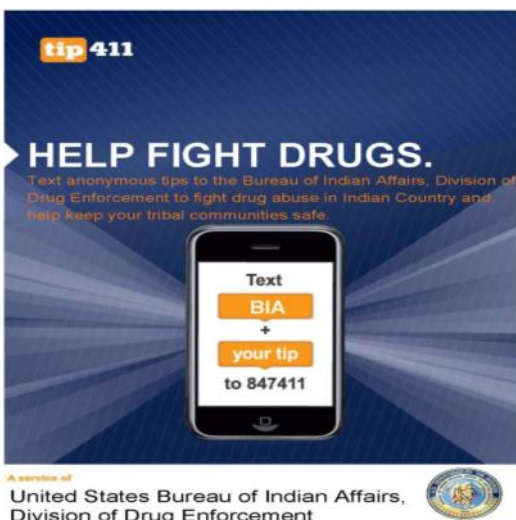
Continues on page nine.

Keweenaw Bay Tribal Police Keweenaw Bay Indian Community

The Keweenaw Bay Tribal Police announce the utilization of new tools developed by the Bureau of Indian Affairs, Division of Drug Enforcement. These tools are for the public to report illegal drug activity occurring on Tribal lands.



Using the new Tip411 program and the new BIA Tips App, the public will now have the ability to text or send anonymous tips directly to the BIA Division of Drug Enforcement. Once a tip is received, the sender will be able to correspond directly with a BIA Drug Agent if they wish to provide more detailed information about illegal drug activity.



We encourage everyone to join us in fighting drug abuse in Indian Country and partnering with us to keep your tribal communities safe.

The BIA Tips App can be found in all app stores for computers, laptops, smart phones or tablets. It is free and easy to do.



be financially responsible for the costs of lodging, and any expenses incurred while incarcerated. Defendant shall report to the Probation Office upon release from jail.

3. Defendant is to obtain a DAIP (Domestic Abuse Intervention Program) assessment or an equivalent service within 14 days and is to follow the recommendations until successfully completed. Defendant is to sign a release of information for the Court to monitor compliance.
4. Six to twelve months of alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant is financially responsible for the costs of drug and PBT tests, if any. Defendant is to report to the Probation Office as instructed.

Travis Knipp, case #17-093, §3.1103, Use of motor vehicle without authority but without intent to steal – 1st offense

Sentencing on 09/13/2017, 17-093, §3.1103:

1. Fine \$500.00.
2. One-hundred-eighty (180) days jail, 180 days jail suspending pending successful discharge from probation. Defendant shall be financially responsible for the costs of lodging, and any expenses incurred while incarcerated. Defendant shall report to the Probation Office upon release from jail.
3. Six to twelve months of alcohol and drug restricted probation with a \$10.00 monthly fee. Defendant is financially responsible for the costs of drug and PBT tests, if any. Defendant is to report to the Probation Office as instructed.



Strong + Resilient, We Rise Youth Coalition

A health resource to provide fun for Native youth, by Native youth. 11 - 18 years old.

**MEETS BI-WEEKLY, WEDNESDAYS
5PM**

Any questions or for more info contact Tashina Emery

Call 906-353-4515 or Email temery@kbic-nsn.gov

Follow on Facebook @WeRiseKBICYouth
Add us on Snapchat - @kbicyouth

To be added to the mailing list or to correct your mailing address, contact the enrollment office at (906) 353-6623 ext. 4113.

To place an ad, submit an article, or relate information, ideas, or possible articles contact: Lauri Denomie at (906) 201-0263, or e-mail: newsletter@kbic-nsn.gov.

SEPTEMBER

MEETING September 27th, 2017

7pm

Core Strengthening Yoga | Tuesdays

5:30 PM, Ojibwa Seniors, September 12th - December 12th

Every Body Yoga | Thursdays, 5:30 PM, Zeba Hall, September 14th - December 14th

OCTOBER

Beginners Boxing | October 5th - November 9th

Thursdays 5:30PM, Zeba Hall

Beginners Gymnastics | October 7th - November 18th Saturdays 10 AM, Niiwin Akeaa Center

MEETING October 11th, 2017

7pm

Field of Terror | October 21st, 2017

7:30 - 10:30pm Meet @ Niiwin Akeaa Center

MEETING October 25th, 2017

7pm

Halloween Party | October 26th, 2017

5-7PM Harvey

Halloween Party | October 28th, 2017

5-7PM Niiwin Akeaa Center

Halloween Dance | October 28th, 2017

8pm - 11pm, Niiwin Akeaa Center

NOVEMBER

MEETING November 8th, 2017

7pm

MEETING November 15th, 2017

7pm

DECEMBER

MEETING December 6th, 2017

7pm

MEETING December 13th, 2017

7pm

October 2017 Calendar Events

- **Oct. 7:** Reg. Sat. Council Meeting, 9 am; Ojibwa Senior Citizens Center, Baraga; Community Meeting (update on Casino Projects), 10 am; Harvest Feast, 1 pm;
- **Oct. 26:** Halloween Party (Marquette County), Harvey Community Center, 5 pm;
- **Oct. 27:** Halloween Party (Baraga County), Niiwin Akeaa Community Center, 5 pm..

~ submitted by newsletter editor



KBIC FALL FITNESS 2017



[KBIC HEALTH SYSTEM](#)

[KBIC YOUTH PROGRAMS](#)

[KBOCC YOUTH STEM ACADEMY](#)

[FREE SPIRIT FITNESS](#)

[KBIC ELDERS PROGRAM](#)

[INTENTION YOGA AND WELLNESS CENTER](#)

A physical activity for every BODY! Please join us this fall, every session is a great way to get moving, get fit and relieve stress!

DAY(S)	COURSES	TIME	LOCATION	STARTING	ENDING
WEEKLY	KBIC FREE SPIRIT FITNESS FREE TO ALL TRIBAL MEMBERS	24 HOURS	FREE SPIRIT FITNESS	9/1/2017	12/31/2017
TUESDAYS	AQUA-FIT CATERED FOR ELDERS	10:30 AM	OJIBWA CASINO POOL	9/12/2017	12/12/2017
TUESDAYS	CORE STRENGTHENING YOGA	5:30 PM	OJIBWA SENIORS	9/12/2017	12/12/2017
THURSDAYS	EVERY BODY YOGA	5:30 PM	ZEBE HALL	9/14/2017	12/14/2017
THURSDAYS	BEGINNERS TO BOXING YOUTH	5:30 PM	ZEBE HALL	10/5/2017	11/9/2017
SATURDAYS	BEGINNERS TO GYMNASTICS YOUTH	10 AM	NIIWIN AKEAA CENTER	10/7/2017	11/18/2017
NOVEMBER	NATIONAL DIABETES MONTH 2017	ALL MONTH	NIIWIN AKEAA CENTER	11/1/2017	11/30/2017

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
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17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	
24	25	26	27	28	29	30	29	30	31	26	27	28	29	30	24	25	26	27	28	29	30	31						

For more information: Visit KBIC Health on Facebook. Supported by GHWIC & KBIC Health System.

Harvest Feast

Saturday, October 7, 2017

Ojibwa Senior Citizens Center

208 Main Street

Baraga, Michigan

9:00 a.m. — Tribal Council Meeting

10:00 a.m. — Community Meeting (an update on our Casino Projects)

1:00 p.m. — Harvest Feast, POTLUCK—BRING A DISH. Raffle will be held.

Feast sponsored by the Wiikwedong Ogichidaa (KBIC Veterans).

1st Tribal Lending Builds Strong Future for Native People With American Indian College Fund continues:

can Programs. This guarantees the Section 184 home mortgage loans made to Native Borrowers. Financing is available for new construction, rehabilitation, purchase of an existing home, or refinancing. This program makes it possible for lenders to serve Native Communities both on and off the reservation. It helps to increase the marketability and value of Native assets as well as financially strengthen Native communities.

1st Tribal Lending has supported the American Indian College Fund (the College Fund), a national nonprofit which provides access to higher education for Native people to get a college education for more than three years giving a percentage of its closing costs to the College Fund. This year they announced they are renewing their commitment to Native higher education with a gift of \$66,000.

"It's a perfect match," said Darkfeather Ancheta, HUD 184 Tribal Advocate/Outreach, of 1st Tribal Lending. We are a Native organization that helps Native people get into their homes, and if we can help the American Indian College Fund help Native people get an education, this also helps with economic development—it's a perfect synergy.

It's a huge help to support Natives with their education. I personally know people who are trying to finish their education who do not have the resources to pay for it. One tiny grant can make or break a student. We think supporting the College Fund is a wonderful opportunity because graduates will use their educations to get into a job, create a life, and help their communities. Once they take this step, we can help people finance their dream home," Ancheta said. "When our customers benefit, we all benefit in our country."

Robin Máxkii, a member of the Stockbridge-Munsee nation who graduated from Salish Kootenai College with a degree in psychology and is planning to earn her master's degree in the fall, is one of many Native students 1st Tribal Lending has helped to support through the College Fund. Thanks to scholarship support, in addition to attending college, Máxkii has been able to enjoy college-related activities such as serving internships with the National Science Foundation; an invitation to the White House, MIT, and Google; and she has appeared on the television series Codetrip Nation for students to discover technology opportunities as part of Roadtrip Nation.

Máxkii said, "Thanks to 1st Tribal Lending and the American Indian College Fund's generous support, I am the first in my family to attend college. Growing up in a less privileged community has not only offered financial and academic challenges, but has also helped me realize the value of a college education. I consider myself extremely fortunate to have been and still be able to attend these institutions which wouldn't be possible without the support of your organization. My educational pursuits would not be possible without gen-



MICHIGAN STATE UNIVERSITY

Extension

U Can Do It!

WHO SHOULD ATTEND:

Anyone interested in learning about how to preserve foods!

DESCRIPTION:

There are five sessions— you may attend one session, two, or all. Please register ahead of time for each session. You will learn about how to safely preserve home canned and dehydrated foods. There will be hands on experience at each class.

HOW TO REGISTER:

Contact Tashina Emery @ (906) 353-4515 or e-mail temery@kbic-nasn.gov.

SPONSORS:

Keweenaw Bay Indian Community



Dates:

September 20: Pickling Cucumbers, etc.

September 27: Salsa Tomatoes, etc.

October 4: Jams

October 11: Apple Sauce using steam canner

October 18: Dehydrating Kale, etc.

Time: 5 pm to approximately 7 pm

Where: Senior Center

MSU is an affirmative-action, equal-opportunity employer, committed to achieving excellence through a diverse workforce and inclusive culture that encourages all people to reach their full potential. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identify, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status, or veteran status. Persons with disabilities have the right to request and receive reasonable accommodations.

Deepest Sympathy

Roger F. "Duke" Duschene (April 11, 1935—August 24, 2017)

Roger F. "Duke" Duschene, age 82, of Baraga, passed away at his home with his loving family by his side on Thursday, August 24, 2017. Roger was born in Baraga on April 11, 1935, the son of the late George and Sarah (Shalifoe) Duschene. He graduated from Baraga High School in 1953. Roger had served in the United States Air Force. He had been employed as a millwright until his retirement. Roger married the former Gloria Radke in Waukegan, Illinois, on December 22, 1984. He was a member of St. Ann's Catholic Church, Baraga, and the Keweenaw Bay Indian Community. Roger had served on the Agriculture Committee for eight years with the Keweenaw Bay Indian Community and had been an advisor for Baraga County Community. Roger was an avid Lions and Tigers fan and loved going to the casino to play Keno.

Roger is survived by his loving wife Gloria of Baraga; daughters: Judy (Jeff) Stark of Illinois, and Jennifer Sasser of Louisiana; step children: Jeffrey (Kim) Shumaker of Colorado, Douglas Shumaker of Illinois, and Debra (Steve) Poffingbargar of Illinois; five grandchildren; six step grandchildren; five step great grandchildren; brothers: George (Bernice) Duschene of Baraga, Michael Duschene of Baraga, Russell (Dawn) Froberg of Illinois; and sister: Mary (Bill) Brady of Illinois. Numerous nieces, nephews, and cousins also survive. He was preceded in death by his parents and his sister Helen.

A Memorial Mass was celebrated at St. Ann's Catholic Church, Baraga, on Tuesday, August 29, 2017, with Father Corey Litzner, Celebrant. Immediately following the Mass, interment took place in the Baraga Cemetery. Friends were then invited to join the family for fellowship and

1st Tribal Lending Builds Strong Future for Native People With American Indian College Fund continues:

erous support from scholarship sponsors like you. Thank you for enabling this opportunity!"

About 1st Tribal Lending

1st Tribal Lending is dedicated to providing Indian country with Section 184 Home Loans. We've made it our mission to provide Tribal members with an easy and efficient experience. Many of our employees were pioneers in the 184 business and have been doing these loans since the beginning of the program. This has made us the go to experts on HUD Section 184 loans. The 1st Tribal Lending team has successfully closed thousands of HUD Section 184 loans across the nation. Within this amazing volume of lending, loans on the reservation, off the reservation, site built construction, manufactured homes, purchases on and off the reservation, and refinances for a multitude of purposes have been successfully closed and funded. We continue to outreach to those Native American Tribal Members who are unaware they have access to this wonderful program. For more details contact us at 866.235.4033 or on our website at www.1tribal.com

About the American Indian College Fund

Founded in 1989, the American Indian College Fund has been the nation's largest charity supporting Native higher education for more than 25 years. The College Fund believes "Education is the answer" and has provided more than 100,000 scholarships since its inception and an average of 6,000 scholarships per year to American Indian students. The College Fund also supports a variety of academic and support programs at the nation's 34 accredited tribal colleges and universities which are located on or near Indian reservations, ensuring students have the tools to graduate and succeed in their careers. The College Fund consistently receives top ratings from independent charity evaluators. For more information about the American Indian College Fund, please visit www.collegefund.org.

luncheon in the church hall. The Reid Funeral Service and Chapel of L'Anse, Michigan, assisted the family.

Elzior W. "Buck" Collins, Jr. (May 4, 1921—August 25, 2017)

Elzior W. "Buck" Collins, Jr., age 96, of L'Anse, Michigan, passed away Friday, August 25, 2017, at DJ Jacobetti Home for Veterans, Marquette. He was born in L'Anse, Michigan, on May 4, 1921, the son of the late Elzior W. and Margaret Irene (Picard) Collins, Sr. Buck graduated from L'Anse High School in 1940. He served in the United States Navy during WWII in the Pacific and European Theaters. Buck married the former Theresa Ludin in Milwaukee, Wisconsin, in 1951. She preceded him in death on February 28, 1979. He had been employed in the mining industry as a laborer until his retirement. Buck was a member of Sacred Heart Catholic Church, Keweenaw Bay Indian Community, the L'Anse American Legion Post #144, and the L'Anse VFW #3897. He enjoyed playing cribbage, pinocle, hunting, fishing, trapping, and watching the Detroit Tigers. Buck loved spending time with his grandchildren and great grandchildren.

Buck is survived by his loving children: Diane (Ted) Kubit of North Carolina, Colleen (Charles) Fisher of Skanee, David (Judy) Collins of L'Anse, Frank (Cheryl) Collins of L'Anse, Kathy (Dennis) Thompson of Arizona, Tom (Shanel) Collins of L'Anse, and Jim (Danielle) Collins of L'Anse; 23 grandchildren; and 32 great grandchildren. Numerous nieces, nephews, and cousins also survive. He was preceded in death by his parents, his wife; sisters: Laverne Perrault and Mary Spesser; and brothers: Lamar and Louis Robillard.

A Mass of Christian burial was celebrated on Friday, September 1, 2017, at Sacred Heart Catholic Church, L'Anse, Michigan, with Father Corey Litzner, Celebrant. The family greeted friends on the evening of Thursday, August 31, 2017, at the Reid Funeral Service and Chapel, L'Anse, Michigan. Baraga County area veterans, under the direction of the Baraga American Legion Post #444, conducted military honors at the funeral chapel Thursday evening. A luncheon was held immediately following Mass on Friday in the church hall and interment took place in the L'Anse Evergreen Cemetery. The Reid Funeral Service and Chapel of L'Anse, Michigan, assisted the family.

American Indian Commercial Tobacco Program reaches 179 enrollments for 2017

Call 1-855-372-0037 for culturally tailored Native American quit coaches.

SAULT STE. MARIE, Michigan – As of May 31, 2017, the American Indian Com-

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) FY 2017 NET MONTHLY INCOME STANDARDS* (Effective Oct. 1, 2016 to Sept. 30, 2017)

*The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

48 Contiguous United States:				Use this amount
Household Size	SNAP Net Monthly Income Standard	SNAP Standard Deduction		FDPIR Net Monthly Income Standard
1	\$ 990 +	\$157 =		\$1,147
2	\$1,335 +	\$157 =		\$1,492
3	\$1,680 +	\$157 =		\$1,837
4	\$2,025 +	\$168 =		\$2,193
5	\$2,370 +	\$197 =		\$2,567
6	\$2,715 +	\$226 =		\$2,941
7	\$3,061 +	\$226 =		\$3,287
8	\$3,408 +	\$226 =		\$3,634
Each additional member				+ \$347
Alaska:				Use this amount
Household Size	SNAP Net Monthly Income Standard	SNAP Standard Deduction		FDPIR Net Monthly Income Standard
1	\$1,237 +	\$268 =		\$1,505
2	\$1,669 +	\$268 =		\$1,937
3	\$2,100 +	\$268 =		\$2,368
4	\$2,532 +	\$268 =		\$2,800
5	\$2,964 +	\$268 =		\$3,232
6	\$3,395 +	\$282 =		\$3,677
7	\$3,827 +	\$282 =		\$4,109
8	\$4,260 +	\$282 =		\$4,542
Each additional member				+ \$434

mercial Tobacco Program (AICTP) has reached 179 enrollments, nearing their goal of 183 callers.

The AICTP, offers free culturally tailored Native American quit coaches to help guide American Indians looking to quit using commercial tobacco products such as cigarettes, tobacco, and e-cigarettes through their journey to a healthier lifestyle.


"Research shows that the vast majority of current smokers are aware of the dangers of commercial tobacco use, such as smoking, and wish to quit. However, many smokers have tried to quit in the past but need extra support from coaches to be successful," said Raeanne Madison, Community Action Program Manager with the Inter-Tribal Council of Michigan, Inc.

26% of American Indians and Alaska Natives smoke cigarettes. According to the Centers for Disease Control and Prevention, life expectancy for smokers is at least 10 years shorter than for nonsmokers.



American Indians and Alaska Natives looking to being their journey to quitting smoking, use smokeless tobacco, or use e-cigarettes can enroll into the AICTP in two ways. They may call the toll-free number at 1-855-372-0037 or register online at <https://americanindian.quitlogix.org/>.

Protect our traditions.

Get free help to quit smoking.



1-855-372-0037

Become a Foster Parent



Our Children Are Our Future

Keweenaw Bay Indian Community
Tribal Social Services
16429 Bear Town Road
Baraga, MI 49908
906-353-4201

Share Your Home and Heart
With a Native Child



PLAY TODAY!

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10 instant winners every week
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Must be present to win, at least 18 years old, and a Players Club member to be eligible for all deals & promotions. Management reserves the right to change or cancel any promotion at any time.

PUBLIC ANNOUNCEMENT

Is your charitable organization planning on holding a raffle or selling raffle tickets on the L'Anse Indian Reservation?

Federal law, through the Indian Gaming Regulatory Act, granted Tribes exclusive right to regulate gaming activity on Indian lands. Even if you or the members of your organization are not tribal members, the Keweenaw Bay Indian Community Gaming Commission has the authority to regulate your raffle. It is unlawful to game without a license.



16429 Bear Town, Rd.
Baraga, MI 49908
(906) 353-4222

Please contact the KBIC Gaming Commission Office at (906) 353-4222 or stop by the office located at the Tribal Center for an application and a copy of the rules and regulations. Application deadline for submission of **ALL Class I Drawings is 30 days** and **Class II Raffles is 60 days** prior to your event. License Fee will be waived when the application is received within this timeline.



Keweenaw Bay Indian Community

Office of Child Support Services

P.O. Box 490 Baraga, MI 49908

Phone : 906-353-4566

Fax : 906-353-8132

"YOUR Children ... OUR Priority"

We provide the following services:

- Paternity Establishment
- Establishment of Child Support
- Outreach Services
- Mediation



(12) Ashi Niizh

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~ NOTICE ~

TO ALL KBIC SENIORS 55 YEARS OF AGE OR OLDER, AND PERMANENTLY PHYSICALLY HANDICAPPED-DISABLED PERSON:

SNOW PLOWING REQUIREMENTS

Head of Household Name: _____

Keweenaw Bay Indian Community Tribal Member's Enrollment #: _____

Reside on the Reservation (Baraga County): _____ Yes _____ No

Physical Address: _____

L'Anse _____ Baraga _____

Telephone Number: (906) _____

Proof of Age — Birth Date: _____

Sign up at the front desk at the Tribal Center with proof (Enrollment Card, Driver's License, and/or proof of disability) or mail the information to:

KBIC Tribal Center
ATTN: Front Desk Receptionist
16429 Bear Town Road
Baraga, MI 49908

The Tribal Council will consider plowing privileges for those with permanent, physical disabilities within a "five" mile radius off the Reservation. Please submit a request and the above information.

* approved 01-14-2011

Tribal Council Meeting