

The Keweenaw Bay Ojibwe

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Bay India

# KEWEENAW BAY INDIAN COMMUNITY HONORS HIGH SCHOOL GRADUATES AT SENIOR BANQUET

# L'Anse Graduates



**Daniel Curtis** is the son of Haven Curtis and Clinton Bach. While in high school, Daniel played football and was on the bowling team. In his senior year, he was the team captain. He has worked for the Tribe's Summer Youth Program at the pow-wow grounds and at the Commodity Food warehouse. Daniel's hobbies include playing video games, spending time with family and friends, and watching movies.

After graduation, Daniel is joining the army. He leaves for basic training on July 16<sup>th</sup> at Fort Leonard Wood, Missouri.



Gregory Dowd is the son of Rhonda Dowd and Michael Dowd. He participated in Quiz Bowl, Choir, Robotics, Track, and Yearbook. hobbies are singing, playing guitar, video games, exercise, drawing, and creating. He has had summer jobs working for housing and the conservation department.

plans on attending college to pursue a degree in Music Education or Musical Therapy.



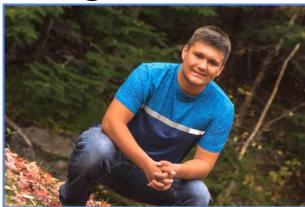
Ti'ia Friisvall
is the daughter of
Sheena Glowa
and Arlan Friisvall. She participated in Band,
Bowling, and

Quiz Bowl. She has been consistently on the Honor Roll, received a bowling medal, and won a division 1 rating at district Solo n' Ensemble which earned her a trip to the state level Solo n' Ensemble.

Ti'ia's hobbies include wildlife photography, drawing, painting, biking, and creative writing. She has been involved in High Five

Mentoring, the Raptor Forum at NMU, the 2018 Sugar Bush, and meetings about ways to help the community such as community garden ideas, planting trees, and native plants. She has worked for the Tribe's Natural Resource Department since 2015 — for the KBIC Watershed Project for one year, and as a Fisheries Technician for two years. She plans to attend Keweenaw Bay Ojibwa Community College to complete her basic classes and then wants to attend East Carolina University and major in Marine Biology.

# Baraga Graduates



Joseph Francois, Jr. is the son of April Dowd and Joseph Francois, Sr. In high school, Joe played football and basketball. He has been on the Honor Roll. He was a counselor at Camp Nesbitt for the sixth graders. He has worked for the Tribe's Summer Youth Program. In his free time, he likes to spend time with his friends and watch movies. This fall he will be attending Gogebic Community College majoring in Criminal Justice.



Brent Waranka is the son of Lisa Waranka and Donald Waranka. In high school, he played football in grades 9 through 12 - junior varsity basketball in 9th grade, and varsity basketball in grades 10 through 12. He earned Honorable Mention in the 10<sup>th</sup> grade for the second team all conference. Brent has been on the Honor Roll in Baraga and also while he was a student in L'Anse. His hobbies include fishing, hunting, and spending time with friends. He enjoys working at the Keweenaw Bay Indian Community Natural Resource Department. He has worked there for two years, currently working there year round. He will be attending Gogebic Community College this fall to study Biology. He plans to earn an Associate's degree there and then transfer to a university to earn a Bachelor's degree.

Tribal Council Members:
Warren C. Swartz, Jr., President
Jennifer Misegan, Vice-President
Susan J. LaFernier, Secretary
Toni J. Minton, Asst. Secretary
Doreen G. Blaker, Treasurer
Robert R.D. Curtis, Jr.
Frederick Dakota
Randall R. Haataja
Michael F. LaFernier, Sr.
Gary F. Loonsfoot, Jr.
Rodney Loonsfoot
Elizabeth D. Mayo

# SPECIAL POINTS OF INTEREST

- June 2, 2018 Council Meeting
- KBIC Holds High School Graduate Banquet
- Nancy K Arrives at KBIC
- Ojibwa Elders' Birthdays
- Summer Activity Ideas
- KBOCC Receives Community Funding
- Veterans Making Memorial Silhouettes
- Criminal Report

The Keweenaw Bay Tribal Education Committee held the Annual KBIC Senior Banquet on Friday, June 1, 2018. The event was held at the Ojibwa Casino Conference Room located in the Ojibwa Casino Resort, Baraga, Michigan. This annual event is held to honor the L'Anse, Baraga, and Community School Graduates. Terri Denomie, Education Committee Chairwoman, welcomed the graduates, their families, Tribal Education Staff, teachers, administrators, fellow Tribal Education Committee members. and friends to this year's celebration. Woodland Singers provided the drum for the welcome song and an honor song.

Following a delicious meal, Lynn Haataja, Vice-Chairperson of the Education Committee, introduced the guest speaker, Isabelle Helene Welsh.

Isabelle Helene Welsh is a 1993 graduate of Baraga High School. She graduated from Northern Michigan University in 2002 with a Bachelor of Social Work Degree. Later that year, she was accepted as a Kathryn M. Buder scholar in the graduate program for Social Work at Washington University in St. Louis, Missouri.

Isabelle is a member of the Keweenaw Bay Indian Community, and she is also eligible for membership with the Standing Rock/Sioux Tribe. She is a lifelong resident of Baraga and has worked in a variety of jobs providing advocacy and hope to community members.

She served as an AmeriCorps member from 1997-1998 at the C.J. Sullivan Elementary School, developing and organizing an afterschool program for area youth. She worked for over 15 years for the Keweenaw Bay Indian Community in education and child welfare. She served on the Tribal Council from 2009-2011. She is currently employed at the Michigan Department of Health and Human Services as the Indian Outreach Worker for Baraga, Houghton, and Keweenaw Counties. Along with her work, she also serves as a caregiver for her brother, Michael.

## **Senior Banquet continued:**

She is passionate about working with the Native American population to empower and instill hope for the betterment of their future.

Isabelle Welsh said, "According to the National Center for Education Statistics, in the school year 2015-2016, the graduation rate was 72% for American Indian/Alaskan Native students; lower than the national average of 84% for all students and lower than Asian/Pacific Islander, White, Hispanic, and Black students.

The status dropout rate for American Indian/Alaskan Native students was highest of any other race/ethnicity in 2016. The national average is 6.1% and for American Indian/Alaskan Natives students it is 11%. (National Center for Education Statistics).

Why am I sharing these statistics with you? Because you beat the odds. You completed. Your tribe and your family are here to honor you tonight for graduating from high school. For some of you, you may be the first in your family to earn a high school diploma. Are you going to college? Again, for some of you, you may be the first in your family to attend college, to complete college. What are your plans? Hopes? Dreams? Now is the time to not only reflect upon your achievements but look to-



wards what is ahead for you. Statistically speaking, the American Indian population has high mortality rates and low success rates than most other races/ethnicities. But you have beaten the odds. Why stop now?

I graduated from high school in 1993. Neither of my parents had completed high school. Without a doubt in my mind, I knew I would graduate from high school. My greatest motivation

came from the people who said and treated me like I wasn't capable of completing. I wanted to prove to them that I wasn't going to become another statistic. What were my obstacles? Alcohol, depression, suicide.

A study that was just published in 2018 by Colorado State University, stated 'Reservation-based American Indian Students are at high risk for substance abuse compared with U.S. youths in general.' Furthermore, 'The harm associated with high rates of use and early initiation for American Indian youths include increasing rates of use in early and later adulthood, higher risk of developing a substance use disorder, and more alcohol related problems, including alcohol attributed death. American Indian and Alaskan Native youths are more likely to need treatment for a substance use problem than all other US racial/ethnic group.'

An Indian Health Service study in 2012 stated that Native American youth are three-and-a-half times more likely to commit suicide compared to other groups.

According to the U.S. Department of Health and Human Services, historical trauma and adverse childhood experiences have led to high rates of depression, other mental illnesses, and high rates of suicide for Native American youth.

How did I survive, and how did I heal? I believe it is important to know your history...your family history, the history of your tribe, and the history of American Indians. To know who you are is to understand who you are. Learn from your history.

For me, the journey to self-discovery began with a class called Native American Experiences that I took my first year at Northern Michigan University. I like to call it the crash course into Native American history, full speed ahead. I learned about the genocide of our people. I took a language course, I started participating in cultural groups and meeting powerful Indian women who taught me about talking circles, sweat lodges, and remembering my dreams.

I sat next to Don Coyhis, Founder of White Bison, in a talking circle. He shared a quote from Ghandi. 'Be the change you want to see.' Mr. Coyhis also shared in the talking circle that I would be a leader in my community. I was 19-years-old at the time.

About 10 years ago, I attended a conference on Historical Trauma for Native American people. I listened to elders share stories on boarding schools, and being punished for just being Indian. So many Indian people of all ages gathered at this conference eager to learn about historical trauma that there was standing room only in many of the breakout sessions. In sharing their stories, there was healing not only for the storyteller but for the listener.

I am just an ordinary person, no better than anyone in this room. But I believe in being the change I want to see. I want to beat the statistics. I believe you do to.

I could go on and on about my successes and challenges in my life, some of these experiences would probably resonate with some in this room. We all have a story to tell.

In 2017, I was hired as the Indian Outreach Worker for the Michigan Department of Health and Human Services. It is standard procedure for every new employee to be on probation for a year. My first year anniversary will be in July 2018. About a month ago, the Director of the Baraga, Houghton, and Keweenaw Department of Health and Human Services honored me with a Good Government Coin for Customer Service. The coins are designed to recognize state employees who go above and beyond normal expectations in the spirit of reinvention. The Customer Service Coin recognizes individuals who serve effectively, perform as promised, exceed expectations, and enjoy their job. A co-worker remarked that I am the first employee she knew of who received a Good Government Coin so quickly as a new employee.

I want to share the following quote: Pass on what you have learned. Strength. Mastery. But weakness, folly, failure also. Yes, failure most of



Class of 2018, left to right — Gregory Dowd, Ti'ia Friisvall, Joseph Francois, Jr., Brent Waranka, and Daniel Curtis.



President Warren "Chris" Swartz, Jr. (center) proudly presented the 2018 \$1000 Education Committee Scholarships to Brent Waranka (left) and Ti'ia Friisvall (right).

Congrats!

## NANCY K ARRIVES AT KBIC



The Keweenaw Bay Indian Community graciously accepted a donation of a 55-foot all steel Great Lakes fish tug from David Brooks, a scientist from Chelsea, Michigan. The vessel, the M/V Nancy K, donation came about through the referral by Dr. Guy Meadows, Director of MTU's Great Lakes Research Center, a partner of our Great Lakes Unmanned Systems Center (GLUSC). The vessel arrived in Pequaming, Michigan, the afternoon of Sunday, June 3, 2018. KBIC Members Gavin Loonsfoot and Joe Kirkish assisted Mr. Brooks' crew to bring the vessel from the Soo Locks to its new home in Pequaming.

Jeff Loman, Business Development Officer for the Aanikoosing, Inc. Board, said "This summer we will use the Nancy K to assist with work at the Huron Islands. On June 20th, we are scheduled to meet with an U.S. Fish & Wildlife official to discuss entering into a co-management agreement for the Huron Islands National Wildlife Refuge and Wilderness Area. We will use several unmanned systems to accomplish this work.

Our Great Lakes Unmanned Systems (GLUSC) and training company called Keweenaw Warriors were created under Aanikoosing Inc., KBIC's Economic Development Corporation. Both of these businesses now have a two-year revenue stream and are eligible for Small Business Administration Section 8(a) status. This certification gives these businesses an extensive advantage for federal contracting. The GLUSC is the exclusive distributor of Hydronalix unmanned water rescue vessels and sonar vessels. We also provide commercial and prosumer customers with a variety of unmanned aerial platforms. We also hope to work with KBOCC to utilize the vessel as part of a comprehensive commercial fishing certification program and return our people to the water.

Use of the Huron Islands by our ancestors is well documented, and after the occupation by Europeans, it is rather horrid." The following quotes are excerpts from Huron Island Lighthouse, Lighthouse.com referencing our people's use of the Huron Islands.

"The 1860 census lists Hall as a farmer with an **Indian wife named Mary and four children**: Wyatt, Charles, Frank, and Adelia. During most of his eleven years at Huron Island Lighthouse, Keeper Hall was assisted by his sons Charles and Frank."

"After President Theodore Roosevelt designated the Huron Islands a national bird sanctuary in 1905 to protect large colonies of nesting herring gulls, Keeper Witte, known as "Big Sneed," was appointed a warden to protect the birds. Several times Witte had to use a shotgun to run off Indians, who came to the islands to gather eggs."

~ submitted by newsletter editor, picture above and on page three are compliments of Jeff Loman.



## **KBIC SENIORS**

Eliason Law Office is taking appointments for phone conferences for: Tribal Elder Wills and General Durable Powers of Attorney/Health Care Powers of Attorney. Please call Geneva Brennan at the Tribal Attorney's office (906) 353-4107 to schedule a phone conference and pick up intake worksheets. There is no charge for this

is no charge for this service.



Broken and deteriorating infrastructure at the Huron Islands National Wildlife Refuge.



**Deteriorating Boat House** 

# June 2, 2018 TRIBAL COUNCIL MEETING

The Regular Monthly Tribal Council Meeting was held on Saturday, June 2, 2018, at the Big Bucks Bingo Hall in Baraga, Michigan. President Warren Swartz, Jr., presided over the meeting with Jennifer Misegan, Susan J. LaFernier, Toni Minton, Doreen Blaker, Robert R.D. Curtis, Jr., Fred Dakota, Randall Haataja, Michael F. LaFernier, Sr., Rodney Loonsfoot, and Elizabeth D. Mayo present. Gary F. Loonsfoot, Jr. was not present.

President Swartz shared numerous *Thank You* and *For Your Information* items addressed to Council.

Secretary Susan J. LaFernier gave the Secretary's Report (page four) and CEO Larry Denomie III gave the CEO's Report (page eight). Council approved the Department Head Reports for March and April 2018.

Under recognized scheduled delegation/individuals: Ojibwa Senior Citizens' Board President, Debra Williamson, address the Council on two topics. Ojibwa Senior Citizens are requesting the possibility of allowing Tribal Employees the opportunity of using educational leave up to four hours from their employment to assist the elders in the Pasty Sale Fundraisers. Motion by Jennifer Misegan to approve up to four hours of volunteer leave for all tribal employees 55-years and older once a month to work at the Pasty Sale with supervisor approval, supported by Susan J. Ten supported (Misegan, S. LaFernier, Minton, Blaker, Curtis, Dakota, Haataja, M. LaFernier, R. Loonsfoot, Mayo), 0 opposed, 0 abstained, one absent (G. Loonsfoot), motion carried. Debra Williamson brought forward Ojibwa Senior's concerns about the Ojibwa Senior Pension being used for collateral for the Casino Projects. Council immediately put the topic to rest and stated the rumor is false. There has never been any plan to utilize the monies put aside for the Ojibwa Senior Pension. Currently the fund is nearing nine-million and is accumulating interest. Actually, the Senior Pension is being distributed out of Casino fund. The direction of where the Senior Pension monthly payments may be directed from the Senior Pension Fund interest instead of the Casino fund where it is distributed from currently. That would be one of the very last things to do if the need came to make a Casino Loan payment.

Under new business: Elizabeth Mayo presented Resolution KB-020-2018 Tribal Maternal Infant and Early Childhood Home Visiting Grant Program. The Keweenaw Bay Indian Community is eligible to participate in the Administration for Children and Families (ACF) Tribal Maternal, Infant, and Early Childhood Home Visiting Program, and wishes to be part of a consortium of tribes sub-contracted to provide services as part of the Inter-tribal Council of Michigan's (ITC) proposed application. ITC will serve as grantee and ensure implementation of the program per the terms of the Notice of Funding Opportunity Announcement, including updating the original Needs Assessment completed in 2013 to assess gaps and unmet needs, and updating an Implementation Plan for intervention to provide and enhance maternal and child home visiting services aimed at improving the health and well-being of young tribal children. Motion by Robert R.D. Curtis, Jr. to approve Resolution KB-020-2018, supported by Rodney Loonsfoot. Ten supported (Misegan, S. LaFernier, Minton, Blaker, Curtis, Dakota, Haataja, M. LaFernier, R. Loonsfoot, Mayo), 0 opposed, 0 abstained, one absent (G. Loonsfoot), motion carried.

Elizabeth Mayo brought forward a request of a tribal member who is building a garage and is looking to find someone to haul sand for them. Tribal Construction used to do this for Tribal Members at somewhat of a lesser rate than general contractors do. This is no longer available. There are no contractors who have access to our sand pits. Consensus of the Council is to allow Tribal Members free sand for residential purposes (not commercial) however; the Tribal Member will need to hire a truck and loader to haul it. The CEO will draft a policy, so Public Works can unlock the gate when sand is requested.

Treasurer Doreen Blaker presented two Resolutions for approval. Council held a work session last week and decided on the amounts Resolutions are required at this point. Motion by Jennifer Misegan to approve Resolution KB-018-2018 and KB-019-2018, the 2% for Baraga and Marquette Counties, supported by Michael F. LaFernier, Sr., Nine supported (Misegan, S. LaFernier, Blaker, Curtis, Dakota, Haataja, M. LaFernier, R. Loonsfoot, Mayo), 0 opposed, one abstained (Minton), one absent (G. Loonsfoot), motion carried.

Treasurer Doreen Blaker presented the June 2018 donation requests. Motion by Jennifer Misegan to approve June 2018 donations as: \$500.00 to Chocolay Twp. Police Department Bicycle Safety Education; \$360.00 to the LacVieux Chairman's Open for their four person scramble and calcutta; \$500.00 to Camp New Day U.P.; and Patricia Bawden's medical travel assistance for herself and her daughter following the CAP guidelines (which she does not qualify for), supported by Susan J. LaFernier. Ten supported (Misegan, S. LaFernier, Minton, Blaker, Curtis, Dakota, Haataja, M. LaFernier, R. Loonsfoot, Mayo), 0 opposed, 0 abstained, one absent (G. Loonsfoot), motion carried.

Susan J. LaFernier indicated there are 165 elders on the pension list. In 2018 there will be 18 elders who will be 80 plus years old, actually two of them are 90. She suggests that we list the elders' birthdays in the newsletter. Motion by Doreen Blaker for the Enrollment Department to provide the newsletter a list of our KBIC elder's names and birthdates who are 80 or older for the purposes of recognizing them, supported by Susan J. LaFernier. Nine supported (Misegan, S. LaFernier, Minton, Blaker, Curtis, Dakota, Haataja, M. LaFernier, R. Loonsfoot), 0 opposed (Mayo), 0 abstained, one absent (G. Loonsfoot), motion carried. Elizabeth Mayo stated her opposition – we should recognize all elders 62 and older. Debra Williamson, Ojibwa Senior Board President, offered to provide short stories to the newsletter in regards to these elders.

Larry Denomie, CEO, indicated we met with Gundlach last week regarding the Casino projects. To keep things moving along, they had made a request to start moving the three housing houses that are vacated right now. They want to place them in a temporary location until the basements are ready. Motion by Michael F. LaFernier, Jr. to move the three vacant Chocolay Housing houses for the purpose of keeping the construction process moving forward, supported by Randall Haataja. Seven supported (Misegan, S. LaFernier, Minton, Curtis, Dakota, Haataja, M. LaFernier), 0 opposed (Mayo), two abstained (Blaker, R. Loonsfoot), one absent (G. Loonsfoot), motion carried.

Council adjourned with no further business on the agenda...

~ Submitted by Lauri Denomie, Newsletter Editor

## Tribal Council Secretary's Report for the Months of April and May 2018

ANIN! We honor the greatness in you. Remember: "Indian Country Counts" "Our People, Our Nations, Our Future"

We continue to recognize the richness of Native American contributions, accomplishments, and sacrifices to the political, cultural, and economic life of Michigan and the United States.

Congratulations to all of our Head Start, Kindergarten, High School, and College graduates.

Happy Father's Day to all of our fathers here on Earth and those who have walked on. Thank you to all of our Veterans for the Memorial Day programs to honor the men and women who died while serving in the U.S. military! Congratulations to KBIC for receiving the 2017 Indian Health Service Green Champion "Sustainable Design & Facilities Award" for the Health Department and New Day's Solar Projects. Thank you Jason Ayres and the C.A.R.E. Committee for all of the hard work done regarding the projects.

Regarding the proposed amendment to our Constitution to add Article IX Judicial Branch: watch the mail—June 6, 2018, for the Secretarial Election registration packet which will need to be mailed back by June 26, 2018, in order to vote by mail and then for the ballot mail on July 3, 2018, with July 17, 2018, as the Election Date. Be watching for the schedule.

Mino-Bimaadizin "Live Well" Respectfully, Susan J. LaFernier

During April, the Tribal Council held one Regular meeting on April 7, 2018, one Work Session on April 30, 2018, and four Special Council meetings on April 2 (approved), 12, 19, and 26, 2018. Following are the unapproved minutes. This report will be published in the KBIC "Wiikwedong Dazhi-Ojibwe" newsletter, and the approved minutes may also be found on the Keweenaw Bay Indian Community Website.

## April 2, 2018 Special Count Meeting (approved):

- Approved the KBIC Housing Department Operations Policy with the changes.
- Approved the KBIC Financial Management Policy and Procedures with the changes.
- Defeated the list of individual positions regarding the random drug testing that were based on the parameters set forth by the Assistant Tribal Attorney.
- Approved the change in the Director of Fire and Emergency Management posting: Incident Commander Type 5 Classification to Type 4 and reposted the position.
- Approved to discontinue self-bans at the Enterprises after a requested self-ban hearing.
- Defeated a motion to uphold the TERO Officer's decision in regard to complaint hearing case #001-18.
- Defeated a motion to offer the KBIC Personnel Director position to the applicant in case #001-18 if there were no other qualified Tribal members who had applied.
- Approved to reconsider the list of individual positions regarding the random drug testing (prior motion).
- Approved the list of individual positions regarding the random drug testing which were based on the parameters set forth by the Assistant Tribal Attorney.
- Approved the Drug Free Workplace Policy with the changes as discussed, including the list of individual positions regarding random testing.

## April 7, 2018 Regular Council Meeting (approved):

- Approved the President's Report (Warren C. Swartz, Jr.) March 2018 Report.
- Approved the Vice President's Report (Jennifer Misegan) March 2018 Report.
- Approved the Secretary's (Susan J. LaFernier) March 2018 Report.
- Approved the Department Head Reports for February 2018.
- Approved the March 1, 3, and 8, 2018 Tribal Council Meeting Minutes
- Recognized Debra Parrish, President of the Ojibwa Community College who retired after 46 cumulative years of service with the Tribe.
- Approved to oppose the Summit Lake Wind (55 Turbines) Project and have a resolution drafted before the next L'Anse Township Meeting.
- Approved the April 2018 donations: \$250.00 to the Clean Water Action Organization for the Great Lakes Award Celebration; \$500.00 for the L'Anse 2018 Senior Class Lock-in Party; \$250.00 for the Paulette Jordan (Couer d'alene Tribe) for Governor of Idaho Campaign; \$350.00 plus the use of a vehicle for Tina Durant and daughter Allison to attend a basketball tournament in Chicago; \$1,000.00 and a gift basket for the Holy Cross Lutheran Church Benefit for Jackie Jones Budreau and Jim Knuuttila for their medical expenses.
- Approved July 5th as a holiday.

## April 12, 2018 Special Council Meeting (unapproved):

- Approved to add to the Travel Policy that if a person is away on training on an extended period of time and meals are provided, there will be no per diem.
- Approved the Tier III Services Agreement with Evoqua Water Technologies to upgrade the microfiltration system control at the Community's Zeba pump house by June 1, 2018.
- Approved the Tier III Services Agreement with White Water Associates, Inc. to provide baseline data collection on eight (8) wild rice

- sites and a technical report not to exceed \$40,000.00 and ends on July 1, 2019.
- Approved the renewal business license with Troy A. LaFernier, "Troy's Tires and Repair", April 6, 2018-April 5, 2019.
- Approved Resolution KB 011-2018 KBIC Five Year Timber Harvesting Plan 2018-2023 presented by David Osmak, Agency Forester Michigan Agency B.I.A., to insure sustainable utilization of all timber and non-timber forest resources for Tribal members and continue sustainability for forest health, timber quality, and forest diversity while protecting water resources, wildlife habitat, and culturally sensitive areas on the Reservation.
- Approved Resolution KB 012-2018 that states through adverse impacts on wildlife habitat, wind energy development in our ceded territory unacceptably impacts the Community's hunting, fishing, trapping, and gathering rights protected by the Treaties of 1842 and 1854. The Tribal Council opposes wind energy development in our ceded territory that will have a negative impact on treaty-protected resources.
- Approved to remove the TERO approval from all job descriptions.
- Approved to hire Robert O. Porter, Capitol Hill Policy Group, LLC, to continue resolution of lost lands claim.
- Approved a \$1,000.00 reward for information leading to the arrest and conviction of the person or persons responsible for the theft at the Ojibwa BP. Contact the Keweenaw Bay Tribal Police (906) 353-6626.
- Approved the Health Administrator Employment Agreement with Soumit Pendharkar (Traverse City, MI) for three (3) years.

#### April 19, 2018 Special Council Meeting (unapproved):

- Approved the March 15, 2018 Tribal Council Meeting Minutes.
- Approved the changes to the Government Personnel Policy, 5.0 Personnel Records-6.7 Withholding Taxes.
- Approved the initial voting list of those 18 and older living on the Reservation for the upcoming Secretarial Election (Judicial Amendment).
- Approved Option 1 (Phase 1 and 2) for the Marquette/Baraga Casino Projects and to work toward a hotel project for a referendum vote of the people.

## April 26, 2018 Special Council Meeting (unapproved):

- Approved the March 22, and 26, 2018 Tribal Council Meeting Minutes
- Approved to change the Director of Fire and Emergency Management position announcement from a Grade 10 to a Grade 12 and repost.
- Approved the Memorandum of Cooperative Agreement with the Inter-Tribal Council of MI for the Healthy Start Initiative April 1, 2018-March 31, 2019.
- Approved the Contract Amendment with the Inter-Tribal Council of MI for the Michigan Health Endowment Fund which decreases the amount of reimbursement by \$2,500.00 and increases the amount of time to fulfill the scope of work for the MI Tribal Food Access Collaborative Project to July 30, 2018.
- Approved the Greenway Health Master Agreement Addendum Purchase Schedule for the patient messaging system.
- Approved the Provider Participation Agreement with Upper Peninsula Managed Care, LLC to arrange for the provision of health care services to Members enrolled in Plans.
- Approved the renewal business license with Diana Chaudier for "Woodland Firearms and Supply" May 15, 2018-May 14, 2019.
- Approved the Tier III Services Agreement with Fischer Biological Consulting LLC to provide fish hatchery and pond consulting services to end on December 31, 2019, up to \$20,000.00.
- Approved the Biological Services Subcontract with Great Lakes Indian Fish and Wildlife Commission to perform fishery resource assessments in Lake Superior during the spring-summer and fall of 2018 as required.
- Approved the Tier IV Services Agreement with the Red Circle Agency (Minneapolis, MN) to create an annual advertising and marketing plan that will increase brand and promotional awareness for the Marquette and Baraga Casinos, April 17, 2018-April 16, 2019.
- Approved the new business license with Tom Chosa "Silver River Sugarbush", April 19, 2018-April 18, 2019.
- Approved the change to the Police Department Drug/Alcohol Testing Policy Chapter 128: Upon reporting for duty, an employee shall notify his supervisor of any controlled or prescribed drugs or internal medications being used that may impair on-duty performance.
- Approved the Assistant Tribal Attorney position announcement and to post the position.

## April 30, 2018 Work Session-Special Council Meeting (unapproved):

- Reviewed the Guidelines for KBIC Members Residing in Baraga and Marquette Counties regarding the (Sovereignty Check) KBIC General Welfare Support Program process.
- Reviewed Resolution KB 061-2016 KBIC General Welfare Support Program that replaced the "Christmas Check" and "Sovereignty Check" programs.
- Reviewed the KBIC Tribal Code Review and Legislation List and assigned who will be working on the codes and amendments (14).

During May, the Tribal Council held one Work Session on May 21, 2018, and three Special Council meetings on May 10, 17, and 24, 2018. Following are the unapproved minutes. This report will be published in

the KBIC "Wiikwedong Dazhi-Ojibwe" newsletter, and the approved minutes may also be found on the Keweenaw Bay Indian Community Website

#### May 10, 2018 Special Council Meeting (unapproved):

- Approved a donation of \$1,058.44 to the Baraga Area Schools Physics Class for their May 10-13, 2018, Chicago Trip.
- Approved to appoint Diana Chaudier, Jeanne Emery, Kim Klopstein, Peggy Loonsfoot, and Susan Lawrence (alternate) to the Secretarial Election Board for the proposed amendment to add Article IX Judicial Branch to the Constitution.
- Met with the Dorsey & Whitney Law Firm (three Attorneys) regarding Annual Updates.

## May 17, 2018 Special Council Meeting (unapproved):

- Approved the March 29, April 2, and April 7, 2018 Tribal Council Meeting Minutes.
- Approved an increase for the THPO Review Fees to \$750.00.
- Approved to participate in the Fond du Lac Legal Department Benchmarking Participant Overview with six-eight tribes to compare their approaches, practices, and positions against peer organizations.
- Approved the Tier III Services Agreement with Superior Pharmacy Services (Michael McLucas) from Marquette, MI, to provide fill-in pharmacy services for one year.
- Approved the Amendment to Agreement with UpToDate, Inc. to extend the term for one year and the subscription fee for three clinicians for \$8,120.00.
- Approved the Tier III Services Agreement with MJP Consulting, LLC (Michael J. Popp) Muskego, MI, to provide medical coding, medical coding training, and medical coding workflow consulting for one year.
- Approved the renewal Business License with John Gervais for the Lucky 7's Restaurant, May 14, 2018-May 13, 2019.
- Approved the Green Bay Packers, Inc. Radio Network Affiliate Agreement for four years beginning April 1, 2018.
- Approved Amendment No. 1 to the Agreement for the provision of professional services with U.P. Engineers & Architects, Inc. for programmed floor plan changes and adds nine weeks to the design schedule for the KBIC Halfway House project.
- Approved Resolution KB 013-2018 Tribal Court Decree of Heirship Estate of Linda A. Messer to her three sons.
- Approved Resolution KB 014-2018 Tribal Court Decree of Heirship Estate of JoAnne R. Racette.
- Approved Resolutions KB 015-2018/016-2018 which grants Harvey Roads (Acorn Trail and the Casino II entrance/parking/lots) in Chocolay Township Right of Way Easements to the KBIC Roads Division.
- Approved the May 2018 Donations: \$500.00 American Legion Post 444 for brass grave markers/flags; \$500.00 Native American Rights Fund; \$538.00 Bayside Village for two raised flower beds; \$1,000.00 Trillium (Hospice) House; \$300.00 Robert DesRocher humidifier; \$500.00 Chassell Volunteer Fire Department 65th Annual Copper Country Firefighters Tournament Sponsorship; and \$250.00 Davan Ravindran Certification Professional Patient Safety Course (sports).
- Approved the bid from Creative Interiors (Marquette) for blinds for the Zeba Community Center for \$13,370.00 from the KB Housing Department
- Approved to amend the Drug Free Workplace Policy in the Personnel Handbook removing the paragraph regarding medical marijuana and to recognize it as a prescription drug with a valid prescription. This does not, however, mean that employees are able to be under the influence of marijuana while working, and it does not apply to the Tribal Police Department.

## May 21, 2018 Work Session-Special Council Meeting (unapproved):

- Reviewed the Tribal Council List of Priorities for updates regarding drafts and revisions of various Tribal Codes.
- Resolution KB 061-2016 KBIC General Welfare Support Program discussion regarding the definition of homelessness. The Council will meet with Tribal Court and the Child Support Office to discuss the process regarding withholding agreements, court orders, and child support.
- Powerpoint presentation and conference call with Robert O. Porter, Managing Principal Capitol Hill Policy Group, regarding the Canal and Swamp Lands Claim and the Nonintercourse Claims Act.
- Reviewed Personnel Policies 6.8 Exempt Employees Compensatory Time through 7.0-7.11 Hours of Work.
- Defeated a motion to remove the mental health days for New Day Treatment Center/Counseling staff and Youth and Family Services Counseling staff.
- Approved all staff (Government) to receive mental health days (one every quarter).

## May 24, 2018 Special Council Meeting (unapproved):

- Powerpoint presentation by Dr. Guy Meadows, Great Lakes Research Center, regarding an "Independent Risk Analysis for the Straits Pipeline" a team proposal to the State of Michigan led by Michigan Technological University.
- Approved the Biological Services Subcontract with Great Lakes Indian Fish & Wildlife Commission for a person to monitor and maintain the adult sea lamprey assessment traps at the Silver River near Skanee, MI, and the Firesteel River near Ontonagon, MI, for ten weeks.
- Approve the Biological Services Subcontract with Great Lakes Indian Fish & Wildlife Commission for a person to monitor and maintain the

- adult sea lamprey assessment trap at the Misery River near Toivola, MI, for ten weeks.
- Approved the Legal Services Agreement Tier III with Eliason Law Office (Hancock, MI) to provide a limited scope of legal services May 17, 2018-May 16, 2019.
- Approved the Superior National Bank ACH Agreements for the KBIC Government, Ojibwa Holding Company, KB Housing Department, Casino, and Senior Pension.
- Approved Resolution KB 021-2018 Dianne M. Waara recreational lease on Beartown Road, Baraga, MI.
- Approved the bid from Green Timber Consulting Foresters, Inc. (Pelkie, MI) for the KBIC Boundary Line Project (28 miles of timber sales) by December 31, 2018.
- Approved to participate in the "Healing Circle Run" July 14-20, 2018, that connects 10 Ojibwe Reservations in northern Wisconsin, Michigan, and Minnesota.
- Approved to review the Casino job positions and apply the seven criteria for random drug testing.
- Defeated a motion to have employees present their marijuana card prior to a random drug test.
- Defeated a motion to have employees present their marijuana card immediately with the Human Resources/Personnel office.
- Approved to have employees present their marijuana card prescription if they test positive/failing the random drug test.

Respectfully Submitted, Susan J. LaFernier

## Happy Birthday To Our Eldest Seniors

Keweenaw Bay Indian Community wishes our Ojibwa Seniors who are 80-years and older in this month a very Happy Birthday!

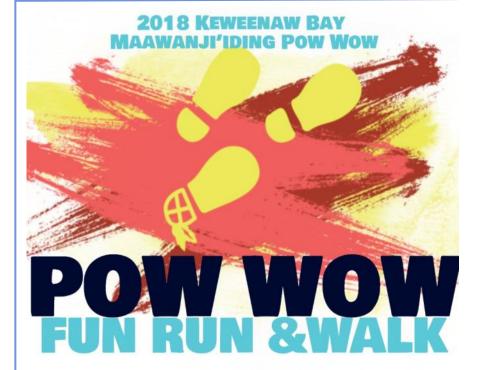
"Youth is the gift of nature, but age is a work of art."

~Stanislaw Jerzy Lec

Bendry, Ellen Mary Wayne Carlson, Kenneth DeGrave, Angeline Cecelia Laura Therese Forcia, Hendrickson, Theresa Maryann Patricia Jean Hyry, LaFountain, Raine Lee, Laura Therese Lightfoot, Kathryn J MacDonald, LaVerne Rose Reynolds, Raymond Allen Sawyer, Lucille Ann Shelafoe, Peter Benjamin St. Arnold, **Ulyses** Sam



Please let our Enrollment Office know if someone was missed or information is incorrect by call (906) 353-6623, ext. 4111. Miigwech.



## SAT JULY 28TH 2018 @9:00AM

# SAND POINT NATURE TRAIL LOCATED BEHIND POWWOW GROUNDS

REGISTRATION

FREE PRIZES
T-SHIRT, PRIZES
8.DRAWINGS

FRI 4 -6:00PM @POWWOW MAIN GATE SAT 7:30AM @TRAIL START BEHIND POWWOW GROUNDS

## HIKE FOR HEALING

For more information contact Zena Huhta @(906) 524-8213 Sponsors by the KBIC NRD, KBIC Health, KBOCC/RGM, & KBIC Youth Club

To place an ad, submit an article, or relate <u>information</u>, ideas, or possible articles contact: Lauri Denomie at (906) 201-0263, or e-mail: <u>newsletter@kbic-nsn.gov</u>.

KBIC OVW WILL BE HAVING A BOOTH AT THIS YEAR'S POWWOW. STOP BY FILL OUT SURVEY 24/7 CRISIS HOTLINE 353-4599

## - BROUGHT TO BY KBIC OVW -

## **Ideas for Summer Activities for Families**

Parents, you know what they say about all work and no play, right? So don't let the kids have all the fun. Try out a least a few of these ideas for kids and parents to do together.

**Pick your own...whatever.** Find a farm with blueberries, strawberries, tomatoes, flowers, etc., and get picking.

**Play outside in the rain.** Smell the rain on the pavement; splash in puddles; make mud pies.

**Make your own rain.** Douse everyone with the hose or sprinkler.

**Cook out...frequently.** Go beyond the burgers. Try veggies or fish. The kids might like them more if they come off the grill!

**Make "smores."** Chocolate + marshmallow + graham cracker = summer

**Camp out.** First-timers, try backyard camping.

**Camp in.** Put the sleeping bags on the floor and have a family slumber party.

**Stargaze.** Invite friends and make a party of it.

**Catch lightning bugs.** Then watch them flicker away into the night.

**Rearrange the furniture.** Give the kid's graph paper and have them draw out a plan first.

**Take family naps together.** Parents can snooze too!

**Make your own pizza.** Try this kid-friendly recipe.

**Invite friends over for a game night.** Have a kids' games table and an adult one too.

**Go to the demolition derby.** Expect to see some major crashes.

**See an air show.** Hope for no crashes.

**Stop to smell the flowers.** Go to a botanical garden.

Talk to the animals. Go to the zoo.

Get wet. Go to a water park.

**Have a puzzle race.** Use 100-piece puzzles and see who finishes first.

**Play a card game.** Maybe crazy eights, spoons, or poker. Take your pick.

**Play a board game.** Candyland, Chess, or Monopoly, depending on age and inclination.









## **HUNTER SAFETY**

There will be a hunter safety class offered for individuals 10-years of age and older. Children under the age of 18-years of age will need a parental signature to participate in the class. This class will be three-days, with attendance required ALL three-days. Space is limited, so reserve your seat. Registration ends July 18, 2108.

## Class Date, Times, and Location

July 24—26, 2018, 10 am—2 pm, Ojibwa Casino Resort (Chippewa Room II), 16449 Michigan Ave., Baraga, Michigan 49908.

## **Contact Information**

Contact GLIFWC Warden Steven Amsler at (715) 562-0034 or e-mail <a href="mailto:samsler@glifwc.org">samsler@glifwc.org</a> to register.

To be added to the mailing list or to correct your mailing address, contact the enrollment office at (906) 353-6623 ext. 4113







## Be a Reading Rock Star! by Angela Badke—Librarian

You can be a reading rock star this summer! The Ojibwa Community Library is proud to announce our 4th Summer Reading Program. The Library has set a goal to read 60,000 minutes this summer, and we need the community's help!

Our Summer Reading Program kickedoff on June 14th with a registration party and family friendly concert. Our special musical guest was New York children's performer, Danna Banana, who started his U.P. tour at our library with his Suddenly Summer concert. Children and their families enjoyed the energetic and lively concert, which included a variety of songs from original music created by the performer to renditions of more familiar songs such as "Shake it Off" and "You are My Sunshine." All attendees were encouraged to participate in the silly dancing and action portions of each song, and the children were able to play with different instruments and noisemakers . It was a rockin' start to our Summer Reading Program.



The Library would also like to remind everybody that this year's Summer Reading Program and Reading Rock Star challenges are open to all ages—babies to adults. To participate, stop by the library to sign up and pick up your challenge packet, which contains contest rules, reading challenges, and an events calendar. We have prizes for completing each sheet, and each participant will have the opportunity to enter to win grand prize baskets. The deadline to sign up is July 16th!

We are also really excited to reintroduce laminating services. We have a brand new laminator that can process items up to 23 inches wide. The price to laminate is \$.50/foot. Please note that customers are expected to stay while we laminate their items.

While you're in the library, check out our ongoing book sale. New sale items are added often. Hardcover books are \$1.00 each, and paperbacks are \$.50 a piece.

For more information about the Summer Reading Program, or any library services, please contact us at oclib@up.net or 353-8163. You can also follow us on Facebook for the most up-to-date information.

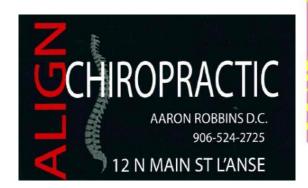


Jacobson Funeral Home, Inc. 200 L'Anse Avenue

P.O. Box 220 L'Anse, MI 49946 Ph 906-524-7800 • Fax 906-524-7700 Toll Free I-866-524-7800 www.jacobsonfuneralhome.com

Susan M. Jacobs
Funeral Director/Manager
susan@jacobsonfuneralhome.com

COMFORT, CARE AND CONCERN





## L'ANSE WATERFRONT PARK

MOVIE STARTS AT DUSK

\*Information regarding cancellations due to the weather the day of the event check the KBIC YOUTH Facebook page\*

# FREE COMMUNITY EVENT

## **Featured Movies**

PETER RABBIT - JUNE 22ND PADDINGTON 2 - JULY 20TH \*BLACK PANTHER - AUGUST 10TH





## **More Information**

ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT. BRING YOUR OWN BLANKETS AND CHAIRS. DRUG AND ALCOHOL FREE EVENT. POPCORN AND SNACKS WILL BE FOR SALE BY THE KBIC YOUTH CLUB.

\*AUGUST 10TH MOVIE IS RATED PG-13

Sponsored By:









For more information contact Neil Kromer, OCSS Community Outreach Coordinator at nkromer@kbic-nsn.gov



# KBIC Breastfeeding Support Circle

- A public community-based monthly gathering for those that have breastfed, thinking about breastfeeding, or are currently breastfeeding
- Mother-to-Mother Support
- Social outlet for new and experienced mothers
- Evidenced-based information
- Transportation available
- Make & Take Craft
- Snacks

WIC is an equal opportunity provider

Baraga Park near St. Anne's Church, Michigan Ave. Baraga

June 6

July 11

August 1 September 5

1:00-3:00PM

Find us on: facebook.

"KBIC Breastfeeding Support Circle" for updates and discussion



Register with Dawn for reminder calls! 353-4521

Sponsored by WIC, Family Spirit, and Healthy Start Programs



## CEO's Report for the Month of May 2018

We have had a number of director level changes since my last monthly report. Debbie Williamson retired as the Community Assistance Programs' Director of which Kim Klopstein has moved into that position. Kim's former position, Administrative Specialist, has not been filled to date, but the process of filling it continues. The Personnel Director position, which was held by Hannah Beesley, who has moved over to the casino to fill the HR Director position, is now filled by Beth Fish. The Director of Fire and Emergency Services has been filled, after several postings, by Thomas Chosa, who has been serving as the IT Director. He will officially begin working the new position on June 11, and the IT Director position will be reviewed by the Selection Committee on Monday to consider a promotion from within the department. Patricia "Trish" Koski has retired from her post as the Tribes' Convenience Stores Manager. Michael Lahti has been serving as the stores' assistant manager and has been promoted to manager. An internal posting to fill the assistant manager position didn't work out, so it is posted externally for a two-week period. Lori Ann Sherman was serving as the Natural Resources Department Director. She has moved into the position of President of the Keweenaw Bay Ojibwa Community College. Evelyn Ravindran is currently serving as the interim director, and an internal posting to fill the position through a promotion will be reviewed by the Selection Committee on Monday. Tyler Larson resigned from the position of Social Services Director. The position was posted and recently closed with no one applying. The position will be reviewed by the Selection Committee for recommendations in moving forward. Jacqui Gorczewicz, who is the Lead Services Specialist, is serving as the interim director until it is filled. Liana Loonsfoot, Team Lead of the OVW programs, has provided her resignation, which will be effective early July. The position is posted, and we hope to fill it prior to her departure.

We continue to work on the Baraga and Marquette casino projects. In my last update, I provided information related to the need to update market study at the request of our financing partners. Due to the time it has taken to get through that process, changes in sub-contractors pricing, and tariffs imposed on steel and other products, the projects once again went over the Community approved budget. The project workgroup met and discussed options to keep the projects moving forward. Two options were presented to Tribal Council for consideration of which one was approved. The option includes phasing in the hotel for the Marquette project at a later time. This provided a savings to the budget which allowed for expansion of the gaming area to increase the number of slot machines, a better location for the entertainment lounge and bar, and shifted more funds to the Baraga project so much needed upgrades could be incorporated into that plan. We have had discussions with our financing partners regarding those changes and are awaiting their approval to move forward. The funding for the Marquette hotel phase will require another vote of the membership. The 76 hotel rooms that were planned will more than likely double. Community meetings to discuss the projects are planned for June 18 at the Bingo Hall in Baraga, June 19 at the Zeba Hall in L'Anse, and June 20 at the Harvey Community Center behind the Marquette Casino. The tentative time is 5-7 p.m. at each location. During the community meetings, other updates will be provided as well, including the planned Half-way House project.

The tobacco manufacturing operation and related cigarette sales continue to grow. Products are now available at all of the Tribe's retail locations in Baraga. Plans to expand sales are being considered by the Board of Managers.

The annual Tribal spring cleanup event took place mid-May. Dan Connor, Transfer Station Manager, our Public Works Department staff, and

several temporary hires performed curbside pickup on both sides of the bay. A total of 194,600 lbs. were removed which is an increase from last year by about 43,000 lbs. Thank you to all who help keep our reservation clean.

The Tribe's marina and campground opened for the season last week. A review of the fee schedule took place, and no changes were made.

There has been much debate and some changes made to the employee Drug Free Workplace policy. The random drug testing policy had been suspended for quite some time, then reinstated, but on hold while Council gathered information related to prescribed drugs as well as marijuana. In the end, the Michigan Medicinal Marijuana Card, which hadn't been recognized, was approved as an acceptable prescription across all forms of testing required under the policy. Employees will be required to provide their card following testing and a positive result for marijuana to avoid the required consequences. Another change included the positions within the government that are required to submit to random drug testing. Tribal Council selected the positions based on criteria that were developed through case law. Council recently passed a motion to also review the casino positions based on the criteria.

Now that summer is upon us, the summer programs will fire up as well. Jodene Rasanen, Youth and Facility Director, and her staff are gearing up for the summer youth work program and the day camp program for the younger kids. Staff will be incorporating trainings into both segments from programs offered through other departments of the Tribe.

As you can imagine, with all of the director level changes and vacancies, the CEO's office has been quite busy and doing our best to ensure services continue to be provided without interruption.

Respectfully submitted, Larry Denomie III, CEO

# COMMUNITY FOUNDATION FUNDS KBOCC PROGRAM

The Baraga County Community Foundation presented a \$3,000 grant award check to the Keweenaw Bay Ojibwa Community College (KBOCC) for its Advanced Secondary summer program.

Above, Lori Sherman, KBOCC President (left) accepts the award from Gordette Cote Leutz, BCCF (right).

The goal of the



program is to engage under-represented students in a rigorous high school curriculum that is tied to the incentive of earning college credits and increasing access to additional post-secondary education and credentials. The grant was awarded from the Ojibwa Community College Endowment Fund of the Baraga County Community Foundation.

# KBIC Health Seeks Recipes! Help create a cookbook celebrating our Great Lakes Area Tribal recipes. Good food is essential to healthy, strong tribal nations. Supported by American Indian Health & Family Services, Bay Mills Indian Community, Keweenaw Bay Indian Community, Lac Vieux Desert, Red Cliff Band of Lake Superior Chippewa Indians, and Cood Health and Wellness in Indian Country. Shaffey Your Strong Cook Health and Wellness in Indian Country. Submit Recipe at: goo.gl/forms/37helk6TQ2GUvEKg1 or find the link @KBICHealth on FB www.kbichealth.org





# Mino-Bimaadizi

"Live Well"

## American Cancer Society Updates Colorectal Cancer Screening Guidelines

Change comes in response to increasing incidence in young and middle-aged populations.

An updated American Cancer Society guideline says colorectal cancer screening should begin at age 45 for people at average risk, based in part on data showing rates of colorectal cancer are increasing in young and middle-aged populations.

The new recommended starting age is based on colorectal cancer (CRC) incidence rates, results from modeling that demonstrate a favorable benefit-to-burden balance of screening beginning at age 45, and the expectation that screening will perform similarly in adults ages 45 to 49 as it does in adults for whom screening is currently recommended (50 and older).

The American Cancer Society recommends: Adults ages 45 and older with an average risk of colorectal cancer undergo regular screening with either a high-sensitivity stool-based test or a structural (visual) exam, depending on patient preference, and test availability. The change in starting age is designated as a "qualified recommendation," because there is less direct evidence of the balance of benefits and harms, or patients' values and preferences, related to CRC screening in adults aged 45-49 since most studies have only included adults aged 50+. The recommendation for regular screening in adults aged 50 years and older is designated as a "strong recommendation," on the basis of the greater strength of the evidence and the judgment of the overall benefit. As a part of the screening process, all positive results on non-colonoscopy screening tests should be followed up with timely colonoscopy. Average-risk adults in good health with a life expectancy of greater than 10 years should continue colorectal cancer screening through age 75. Clinicians should individualize colorectal cancer screening decisions for individuals ages 76 through 85, based on patient preferences, life expectancy, health status, and prior screening history.

The new guideline does not prioritize among screening test options. Given the evidence that adults vary in their test preferences, the guidelines development committee emphasized that screening rates could be improved by endorsing the full range of tests without preference.

Colorectal cancer incidence has declined steadily over the past two decades in people 55 and over due to screening that results in removal of polyps, as well as changes in exposure to risk factors, but there has been a 51% increase in colorectal cancer among those under age 50 since 1994. Death rates in this age group have also begun to rise in recent years, indicating that increased incidence rates do not appear to be solely the result of increased use of colonoscopy. A recent analysis found that adults born around 1990 have twice the risk of colon cancer and four times the risk of rectal cancer compared with adults born around 1950, who have the lowest risk.

"One of the most significant and disturbing developments in CRC is the marked increase in CRC incidence – particularly rectal cancer - among younger individuals," conclude the authors [of a study commissioned by ACS]. "While the causes of this increase are not understood, it has been observed in all adult age groups below the age when screening has historically been offered, and is contributing significantly to the burden of suffering imposed by premature CRC mortality. Incorporating this epidemiological shift into contemporary modeling of CRC screening demonstrated that the benefit-burden balance is improved by lowering the age to initiate CRC screening to 45 years. Lowering the starting age is expected to benefit not only the segments of the population who suffer disproportionately from CRC - blacks, Alaska Natives, and American Indians - but also those individuals otherwise considered to be at average risk. Moreover, epidemiological trends in cohorts as young as those born in 1990 suggest that the higher risk of developing CRC will be a persistent concern for decades to come."

Excerpt from Article: Colorectal Cancer Screening for Average-Risk Adults: 2018 Guideline Update from the American Cancer Society: CA: A Cancer J for Clin doi: 10.3322/caac.21457. Lead author Andrew M. D. Wolf, M.D., Chair of the Committee Subgroup for CRC Guideline Update.

Article submitted by Kathy Mayo, RN-CDE, Assistant Health Director









Page submitted by Heather Wood-Paquet, Health Promotions Coordinator

## Organic Foods: What You Need to Know

Organic food has become very popular. Yet navigating the maze of organic food labels, benefits, and claims can be confusing. Is organic food really better for your mental and physical health? Do GMOs and pesticides cause cancer and other diseases? What do all the labels mean? This guide can help you make better choices about shopping organic, including what to focus on and how to make eating organic more affordable.

What does "organic" mean?

The term "organic" refers to the way agricultural products are grown and processed. While the regulations vary from country to country, in the U.S., organic crops must be grown without the use of synthetic pesticides, bioengineered genes (GMOs), petroleum based fertilizers, and sewage sludge-based fertilizers.

Organic livestock raised for meat, eggs, and dairy products must have access to the outdoors and be given organic feed. They may not be given antibiotics, growth hormones, or any animal by-products.

The benefits of organic food —

How your food is grown or raised can have a major impact on your mental and emotional health as well as the environment. Organic foods often have more beneficial nutrients, such as antioxidants, than their conventionally-grown counterparts and people with allergies to foods, chemicals, or preservatives often find their symptoms lessen or go away when they eat only organic foods. Organic produce contains fewer pesticides. Organic food is often fresher. Organic farming is better for the environment. Organically raised animals are NOT given antibiotics, growth hormones, or fed animal byproducts. Organic meat and milk are richer in certain nutrients. Organic food is GMO-free.

Organic food vs. locally-grown food

Unlike organic standards, there is no specific definition for "local food". It could be grown in your local community, your state, your region, or your country. During large portions of the year it is usually possible to find food grown close to home at places such as a farmer's market.

The benefits of locally grown food are:

Financial: Money stays within the local economy. More money goes directly to the farmer, instead of to things like marketing and distribution. Transportation: In the U.S., for example, the average distance a meal travels from the farm to the dinner plate is over 1,500 miles. Produce must be picked while still unripe and then gassed to "ripen" it after transport. Or the food is highly processed in factories using preservatives, irradiation, and other means to keep it stable for transport. Freshness: Local food is harvested when ripe and thus fresher and full of flavor. Small local farmers often use organic methods but sometimes cannot afford to become certified organic. Visit a farmer's market and talk with the farmers to find out what methods they use.

Fruits and vegetables are where the organic label matters most.

According to the Environmental Working Group, a nonprofit organization that analyzes the results of government pesticide testing in the U.S., the following fruits and vegetables have the highest pesticide levels so are best to buy organic: Apples, Sweet Bell Peppers, Cucumbers, Celery, Kale/Collard Greens, Summer Squash, Nectarines (imported), Potatoes, Grapes, Tomatoes, Peaches, Spinach, Strawberries, and Hot Peppers.

Fruits and vegetables, you don't need to buy organic.

Known as the "Clean 15", these conventionally-grown fruits and vegetables are generally low in pesticides: Sweet Corn, Eggplant, Kiwi, Mango, Cantaloupe, Asparagus, Avocado, Mushrooms, Onion, Cabbage, Grapefruit, Papaya ,Pineapple, Sweet Peas (frozen), and Sweet Potatoes.

Submitted by Elizabeth 'Popcorn' Mayo, CHR/REACH Coordinator

Health Center Week: August 13 - 17, 2018

Celebrating Health Centers: Home of America's Health Care Heros

Something different each day!

See our flyer in this newsletter for details.

Be sure to stop by our second floor waiting area and check out the monthly education table; the topic changes every month.

## **Come Celebrate Lake Superior Day!**

A Lake Superior Day beach clean-up will be held on Friday, July 13th. We will be meeting at the Sand Point day use area in Baraga at 8:30 a.m. for an opening ceremony followed by the beach clean-up. After the beach clean-up there will be a Lunch and Learn Presentation along with other fun activities.



For more information contact: Shannon DesRochers (906)524-5757 ext. 22 sdesrochers@kbic-nsn.gov

When: Friday July 13th, 2018 What: Beach clean-up from Assinins to

Where: Meet at the Sand Point Light House Day use area Time: 8:30am-Noon

Women are asked to please wear a skirt for the opening ceremony.

Please join us after the beach clean-up for the Lunch and Learn Presentation! July's topic will be Wetlands by Erin Johnston and Stephanie Kozich.

> For more information contact: Kathy Smith (906)524-5757 ext. 19 ksmith@kbic-nsn.gov





# JUNE - AUG 2018 Keic Health System

## 10:30AM SLOW FLOW MINDFULNESS

## **EVERY BODY YOGA**

## **MOVE TO THE BEAT**

## 6:00PM THUR

## FOOTSTEPS IN THE FOREST

June 7th @ Canyon Falls July 19th @ Mount Arvon
June 14th @ Little Mountain \*Monday July 30th @ Falls River in L'Anse June 21st (@ L'Anse Twp Park August 2nd (@ Black Slate Falls June 28th (@ Big Ericks Falls 9th (@ Power House Falls July 12th (@ Point Abbaye 16th (@ Sturgeon Falls/Gorge

If weather does not permit outdoor class, alternate class will be held at Intention Yoga and Wellness Center at 4 Meador street, same time. Please call Shanel @ 906-201-1272 for questions concerning classes.

10:00 €

## **GYMNASTICS**

FREE SPIRIT FITNESS
Niiwin Akeaa Commuity Center | FREE for all KBIC Tribal Members!

8:30AM **JULY 4th** 

## 5K LIBERTY RUN & WALK

A physical activity for every BODY! Every session is a great way to get moving, get fit and relieve stress! All Courses are drop-in style. We have started a continuing seasonal fitness calendar of courses in collaboration with the KBIC Youth Programs, Free Spirit Fitness, Seniors Elders Program, Intention Yoga and Wellness, the BALAC Crant and the REACH Crant. In case of weather cancellations, all courses will be updated on KBIC Health

PosterMyWall.com



KBIC Health System kbichealth.org



SMOKING CESSATION CLASS Need Help Quitting?

MAYO CLINIC EVIDENCE BASED

July 9, 2018

11:00 A.M.-12:00 P.M.

KBIC HEALTH SYSTEM 2ND FLOOR CONFERENCE ROOM 102 SUPERIOR AVE. BARAGA, MI 49908

Class begins July. 9th and will run Mondays 11:00-12:00 p.m. for four weeks. (Monday; July 9, 16, 23, and 30<sup>th</sup>)

Mayo Clinics "My Path to a Smoke Free Future" is an evidence based program meaning it is proven to work. You will learn tools to help prepare you to quit, quit, coping skills, medications, nicotine replacement, and how to stay quit for good.

Great American Smoke Out Day is November 15, 2018.

FOR MORE INFORMATION CONTACT: DAWN KEMPPAINEN @ 906-353-4521.

## TRIBAL COURT CRIMINAL SENTENCES



The Tribal Court has agreed to comply with the request of the Keweenaw Bay Indian Community's CEO's office to publish criminal sentencing on a routine basis.

## Alysha Bowman, case #18-047, §3.202, Assault and battery - domestic - 1<sup>st</sup> offense Sentencing on 05/23/2018, #18-047, §3.202:

- Fine \$500.00.
- Ninety days jail, credit for two days served, 88 days suspended pending successful completion of probation. Defendant shall be financially responsible for the costs of lodging and any expenses incurred while incarcerated.
- 3. Six to twelve months of standard alcohol and drug restricted probation with a \$10.00 monthly probation fee. Defendant shall be financially responsible for the costs of drug and PBT testing, if any.
- Defendant shall follow the recommendations of her counseling services.
- 5. Defendant shall follow recommendations through Great Lakes Recovery for her substance abuse.

#### Brian Johnson, case #18-047, §3.202, Assault and battery - domestic - 1st offense Sentencing on 05/23/2018, #18-047, §3.202:

- Fine \$500.00.
- 2. Ninety days jail, credit for seven days served, 83 days suspended pending successful completion of probation. Defendant shall be financially responsible for the costs of lodging and any expenses incurred while incarcerated.
- 3. Three to six months of standard alcohol and drug restricted probation with a \$10.00 monthly probation fee. Defendant shall be financially responsible for the costs of drug and PBT testing, if any.
- Defendant shall report to Probation one-time per month in person or as directed by the Probation Office.
- Defendant shall obtain a substance abuse screening and shall follow the recommendations of the screening until successfully discharged. Defendant shall be financially responsible for the costs associated with the screening. Defendant shall sign a release of information to allow the Court to monitor compliance.
- Defendant shall obtain an anger management assessment and follow all recommendations until successfully completed. Defendant shall be financially responsible for the costs associated with the assessment. Defendant shall sign a release of information to allow the Court to monitor compliance.
- No contact with the victim.

## Michael Dowd, case #17-207, §8.901, Contempt of court - 1st offense Sentencing on 05/29/2018, #17-207, §8.901:

- Twenty days jail, 20 days suspended pending successful completion of all terms of probation. Defendant shall be financially responsible for the costs of lodging and any expenses incurred while incarcerated.
- Three to six months of standard drug restricted probation with a \$10.00 monthly probation fee. Alcohol restriction is waived. Defendant shall be financially responsible for the costs of drug and PBT testing, if any.
- Defendant shall report one-time per month.
- Defendant shall complete judgment during this probation period for case #17-139

## Devin Curtis, case #17-074, §3.202, Assault and battery (domestic) - 1st of-

## Sentencing on 06/06/2018, #17-074, §3.202:

- Fine \$500.00.
- Ninety days jail. Serve 90 days. Defendant shall be financially responsible for the costs of lodging and any expenses incurred while incarcerated.
- Defendant probation. Defendant shall be financially responsible for the costs of drug and PBT testing, if any.
- Defendant shall obtain a mental health assessment and follow all recommendations until successfully completed. Defendant shall sign a release of information for the Court.

## Devin Curtis, case #17-075, §3.402, Malicious destruction of personal property – 1<sup>st</sup> offense

## Sentencing on 06/06/2018, #17-075, §3.402:

- Fine \$100.00.
- Forty-five days jail. Serve 45 days. Defendant shall be financially responsible for the costs of lodging and any expenses incurred while incarcerated.
- 3. Restitution in the amount of \$320.00 (\$120.00 Play Station and \$200.00 for the
- Defendant probation. Defendant shall be financially responsible for the costs of drug and PBT testing, if any.

## Devin Curtis, case #17-076, §3.402, Malicious destruction of personal property – 2<sup>nd</sup> offense

## Sentencing on 06/06/2018, #17-076, §3.402:

- 1. Fine \$200.00.
- Forty-five days jail. Serve 45 days. Defendant shall be financially responsible for the costs of lodging and any expenses incurred while incarcerated.
- Restitution in the amount of \$346.90 for window.
- Defendant probation. Defendant shall be financially responsible for the costs of drug and PBT testing, if any.

## **Senior Banquet continued:**

all. The greatest teacher, failure is.-Master Yoda "Star Wars: The Last Jedi" 2017.

I want to return to a statistic I shared earlier in my speech...the graduation rate. As stated earlier: According to the National Center for Education Statistics, in the school year 2015-2016, the graduation rate was 72% for American Indian/Alaskan Native students-lower than the national average of 84% and lower than Asian/Pacific Islander, White, Hispanic and Black students. I would like to add that the graduation rate, although lowest among other races, has increased from 65% in 2010-2011 to percentage of 72% for the 2015-2016 school year.

Also, for full-time, full-year undergraduate students, 85 percent of American Indian/Alaska Native students received grants in 2011-12. This percentage was higher than the percentages of students of two or more races (73 percent) and White (69 percent), Pacific Islander (67 percent), and Asian (63 percent) students who received grants."

~ Submitted by Lauri Denomie, Newsletter Editor



# 2018 KBIC LOAN REPLACEMENT SCHOLARSHIP APPLICATION AVAILABLE

The KBIC Education Department announces the availability of the 2018 KBIC Loan Replacement Scholarship application. The Keweenaw Bay Indian Community supports college education for its members. Many students do not receive enough financial aid to pay for their education and must take out extensive loans. The Tribal Council has approved five loan replacement scholarships for college students pursuing degrees during the 2018-19 academic year. The scholarship amount is \$1,000 for the 2018 fall semester and will continue for the 2019 winter/spring semester for the same amount if the student continues to meet the requirements.

Applicants must meet the following criteria:

- Enrolled Tribal member;
- Legal resident of Baraga County or Marquette trust property;
- Attending an accredited college/university for the 2018-19 academic year;
- Enrolled as a full-time student;
- Must currently be a minimum of Sophomore status;
- Must provide documentation of financial aid awards and federal student loan status for the fall 18 and winter/spring 19 semesters;
- Must be in pursuit of an Associate, Bachelor, Master, or Doctoral degree documented by their college;
- Must provide a copy of most recent official transcript verifying a minimum GPA of 2.50 for Associate or Bachelor degree/3.00 GPA for Master or Doctorate degree.

Eligible students must complete an application, submit a copy of their most recent official transcript, a copy of their final financial aid award documents, and a copy of their loan obligation for the 2018-19 academic year.

For more information and to request an application, contact Amy St. Arnold, Education Director, at 906-353-6623, ext. 4117 or at <a href="mailto:amy@kbic-nsn.gov">amy@kbic-nsn.gov</a>. The application deadline is August 10, 2018, at 4 p.m.

# 2018 KBIC MERIT SCHOLARSHIP APPLICATIONS AVAILABLE

The KBIC Education Department announces the availability of the 2018 KBIC Merit Scholarship application. The Keweenaw Bay Indian Community supports college education for its members. Many students receive outstanding grades during their college careers. The Tribal Council has approved four scholarships for college students pursuing degrees during the 2018-19 academic year based on merit. The scholarship amount is \$2,500 for the 2018 fall semester and will continue for the 2019 winter/spring semester for the same amount if the student continues to meet the requirements.

Applicants must meet the following criteria:

- Enrolled Tribal member;
- Legal resident of the state of Michigan;
- Attending an accredited college/university for the 2018-19 academic year;
- Enrolled as a full-time student;
- Must currently be a minimum of Sophomore status;
- Must be in pursuit of an Associate, Bachelor, Master, or doctoral degree documented by their college;
- Must provide a copy of most recent official transcript verifying a minimum GPA of 3.00.

Eligible students must complete an application, submit a copy of their most recent official transcript, and submit an essay detailing their interest in their chosen major and how it might one day benefit the Keweenaw Bay Indian Community.

For more information and to request an application, contact Amy St. Arnold, Education Director, at 906-353-6623, ext. 4117 or at <a href="mailto:amy@kbic-nsn.gov">amy@kbic-nsn.gov</a>. The application deadline is July 20, 2018, at 4 p.m.

## **KBIC HOLDS COMMUNITY MEETINGS**

KBIC Community Meetings were held June 18, 2018, at the Zeba Community Hall in Zeba, Michigan, June 19, 2018, at the Big Bucks Bingo Hall in Baraga, Michigan, and June 20, 2018, at the Harvey Community Center in Harvey, Michigan. CEO Larry Denomie, Vice President Jennifer Misegan, and Casino General Manager Don Wren gave updates on the Casino Projects. Due to the increase in costs and some infrastructure issues in the Marquette Project, changes in the prior plans had to be made. The Marquette Casino Project will be completed in phases. Phase one will include gaming space expansion for up to 750 slot machines, two dining options, a 1200 seat entertainment center, bar/lounge centralized, and water/ sewer capabilities for future expansions. Phase two in Marquette Casino Project will include a much larger motel than the original plan of 76 rooms, conference rooms, and more gaming space. The Baraga Casino Project's phase one will be renovations to the HVAC system with a new fresh air return, renovations will be made to guest services, bar, cashier booth, new carpeting, new walls, new ceiling, and sewer/water infrastructure. Baraga Casino Project phase two - will include a new face to the front of the resort facing M-38, and renovating the motel rooms and the restaurant area.

The Baraga Casino Project phase one has a budget of \$3,271,258.00 and the Marquette Casino Project phase one has a budget of \$35,948,810.00. Construction Contingency is budgeted at \$779,932.00 for things that are unforeseen. A \$40,000,000.00 loan will fund these Casino Projects. The Tribe has \$20,000,000.00 cash collateral. This is not the Ojibwa Senior Pension Fund. There has never been any plan to utilize the monies put aside for the Ojibwa Senior Pension. Currently the fund is nearing nine-million and is accumulating interest. Actually, the Senior Pension is being distributed out of a Casino fund. The direction of where the Senior Pension monthly payments may be directed from the Senior Pension Fund interest instead of the Casino fund where it is distributed from

# 2018 ANN MISEGAN MEMORIAL SCHOLARSHIP APPLICATIONS AVAILABLE

The KBIC Education Department announces the availability of the 2018 Ann Misegan Memorial Scholarship applications. The scholarship amount is \$2,500 twice a year for up to six years, and will be awarded to a new student each fall. Applicants must meet the following criteria:

- Enrolled Tribal member;
- Attending an accredited college/university;
- Enrolled as a full-time student;
- Pursuing a degree in a Health Care field (nursing or dental program preference given);
- Resident of Baraga or Marguette County.

Eligible students must complete an application, submit an essay detailing their interest in their chosen health field, and submit a copy of their official transcripts (high school or college).

For more information and to request an application, contact Amy St. Arnold, Education Director, at 906-353-6623, ext. 4117 or at <a href="mailto:amy@kbic-nsn.gov">amy@kbic-nsn.gov</a>. The application deadline is July 20, 2018, at 4 p.m.

## KEWEENAW BAY INDIAN COMMUNITY OFFICE OF VETERAN AFFAIRS

# Rodney Loonsfoot, Tribal Council/Tribal Veteran Service Officer

Keweenaw Bay Indian Community 16347 Ojibwa Industrial Park Rd, Baraga, Michigan 49908 veteranaffairs@kbic-nsn.gov

(906) 353-VETS Office (906) 201-4448 Cell
OFFICE HOURS; Mon, Tues, Wed, 9 am —12 pm
PLEASE CALL TO SCHEDULE INDIVIDUAL APPOINTMENT

Wiikwedong Ogichidaa Society Monthly upcoming meetings, held at 6:00 pm — July 18, August 15, and September 19. Meetings are subject to change. Special meetings for Powwows/funerals will be announced.

The Wiikwedong Ogichidaa Society (KBIC Honor Guard) now has two new Veteran Memorial Silhouettes for sale. Memorials are four feet high and five feet wide This Memorial Silhouette is perfect for your yard to remember the sacrifices of all our veterans. Perfect for all holidays as oifts.

Memorial silhouettes are custom made to order by our KBIC veterans. Please help support our Wiikwedong Ogchidaa Society. COST: \$150.00.

Please call Rodney Loonsfoot @ 353 VETS or 201-4448 to place your order or e-mail <a href="mailto:tcrodney@kbic-nsn.gov">tcrodney@kbic-nsn.gov</a>. Please indicate cross or eagle staff. We will raffle one of each during the 4th of July activities. All proceeds will go towards veteran programming and activities.

Miigwech for your future kindness.



Rodney Loonsfoot Keweenaw Bay Indian Community Tribal Veteran Service Officer

currently. That would be one of the very last things to do if the need came to make a Casino Loan payment. Plans are to move forward by the end of June 2018. Phase one of the Marquette Casino Project is anticipated to be completed by December 2019. Phase two of the Baraga Casino Project is anticipated to be completed by December 2018.

Vice President Jennifer Misegan gave an update on our Tobacco Manufacturing. The Keweenaw Bay Indian Community Tobacco Company (KBICTC) has produced 18,979 cartons of cigarettes. We have purchased 33,003 cartons from our partner Seneca Manufacturing Company (SMC). We have sold the Asemaa Wholesale and Distribution Company (KBIC enterprise) 23,850 cartons who then sells to our gas station. We have put into the General Welfare Support Program (formerly known as the Christmas Check) \$286,225.10 from the stamp fee which is at \$14.35 per carton. These figures are from March through the end of May. Twelve KBIC Members have been employed by the KBICTC, although the positions are not full-time. There are current openings, so if you know of anyone who needs employment, have them apply.

Assistant CEO Sarah Smith gave a review of the Constitutional Amendment for Article IX Judicial Branch. The Constitutional Committee held a number of meetings which resulted in the need to add Article IX Judicial Branch as in 2014, the Tribal President suspended the two elected judges of the Community. A Resolution was approved to request a Secretarial Election through the BIA in 2016 and again in 2018. The BIA has approved a Secretarial Election through mail. By now all eligible voters should have received a package to register for this Secretarial Election for the Constitutional Amendment. These registrations were to be returned and received by June 26, 2018. Ballots will be mailed out in July and need to be received on July 17, 2018. It is important to allow time for the U.S. Mail process.

There was a review and input session in regards to what the Community envisions in the Halfway House Project which is being funded through a Block Grant. The Halfway House will be located across the street from the NewDay Treatment Center and will also house the Outpatient Treatment Program. There will be a naming contest prior to ground breaking, approximately six months from now. Watch for the flyer.

~ Submitted by Lauri Denomie, Newsletter Editor.



## **Keweenaw Bay Indian Community**

906-353-4201

Office of Child Support Services P.O. Box 490, Baraga, MI 49908 Phone: 906-353-4566 Fax: 906-353-8132



"YOUR Children ... OUR Priority"

## We provide the following services:

- Paternity Establishment
- Establishment of Child Support
- Outreach Services
- Mediation



(12) Ashi Niizh

PRE-SORT STANDARE
U.S Postage PAID
Big Rapids, MI 49307
Permit No. 62

5-6:30PM

Second Monday!

July 9th

August 13th

Ojibwa Pow-Wow Grounds Pavilion, Baraga



- Free, public, and consistent monthly event promoting family engagement— children must be supervised
- Focus group is 0-5 and their siblings
- · Book for each family
- Wear clothes that may get dirty
- Make-and-Take project each month
- Snacks included

Supplies are limited.
Please register with Dawn! 353-4521

Sponsored by KBIC Family Spirit and Healthy Start Programs



July: Fireworks craft

and harvest and make

traditional teas

August: Making garden

stones using kits for

your yard or a gift



Friday, July 20, 2018 9:00 am - 3:30 pm

KBOCC Wabanung Campus 770 North Main Street L'Anse, MI 49946

## REGISTRATION INFORMATION

There is no class fee. Students should bring a sack lunch.

Pre-registration is required by July 13, 2018. To register, call 906.353.4530 or email MaryDee.Shanahan@kbic-nsn.gov. Register early as classes fill quickly!

